

Movies for Mental Health

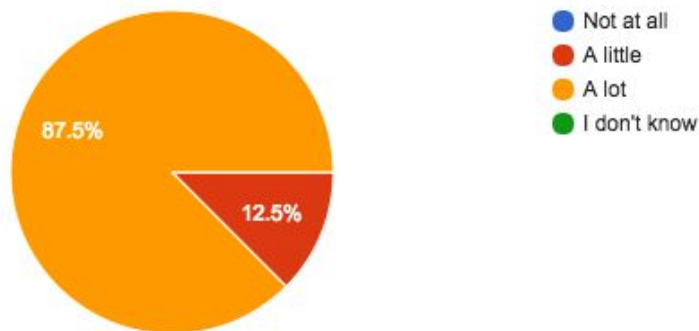
UC Santa Cruz

November 15, 2017

n=8 (~15 total attendees)

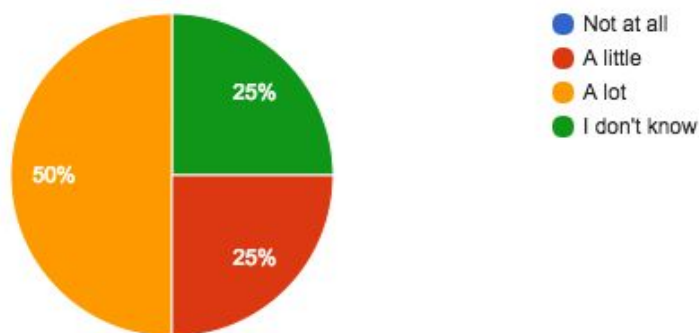
In your opinion, did this event create awareness of mental health issues?

8 responses



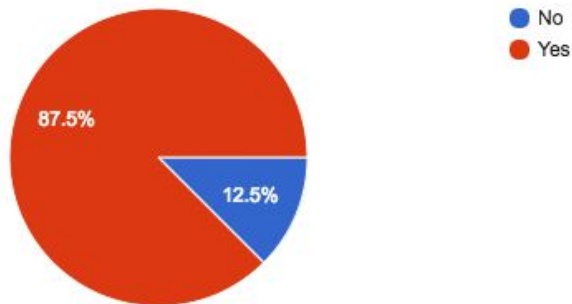
In your opinion, did this event reduce stigma related to mental illness?

8 responses



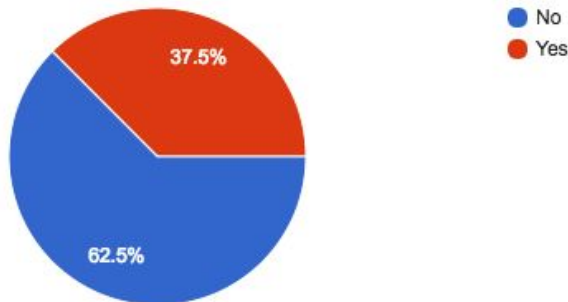
Did you know about your school's counseling services before this event?

8 responses



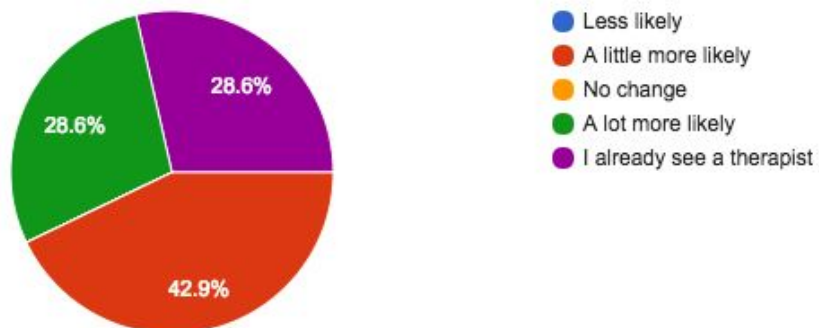
Did you know about Prop 63/ the community-based mental health resources before this event?

8 responses



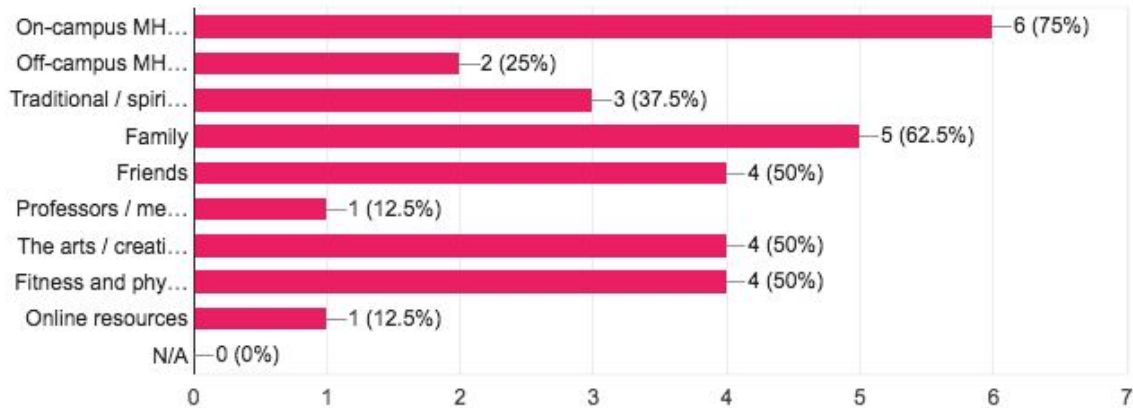
After this event, are you more or less likely to seek support for your mental health?

7 responses



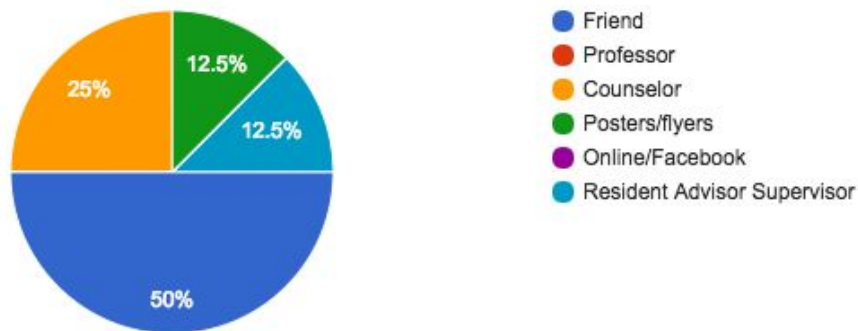
What type of mental health support do you think would be most useful to you?

8 responses



How did you hear about this event?

8 responses



What was your main takeaway?

- It helped me learn more about mental health and more about others.
- I don't know
- Mental illness has different shapes
- That it's going to be ok what I am going through
- Mental health advocacy
- Mental health is very important!
- Stuff about stigma and what it is
- Stigma

How would you describe this event to a friend?

- Inspirational and I recommend!
- Learning experience
- Informal
- Very impactful
- It was a mental health awareness event
- Insight into living with mental illness and defining it
- Movies creating awareness of mental health and discussion/reflection
- Impactful and educational

How can we improve this event in the future?

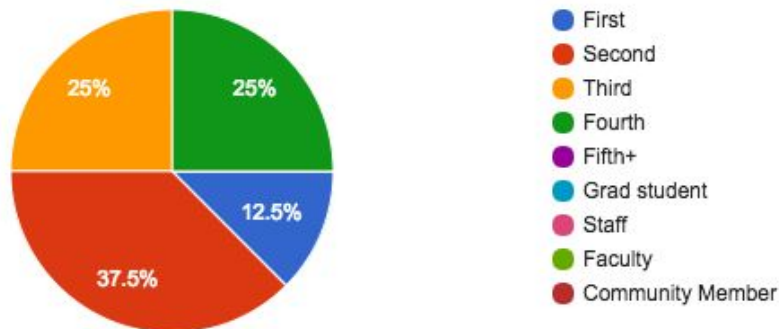
- I don't know
- N/A
- More discussion time
- More ads

Major?

- Psychology (x2)
- Neuroscience and Psychology
- Literature/Computer Science
- ENVS/LING
- Applied linguistics
- Psychology/Economy
- Biology

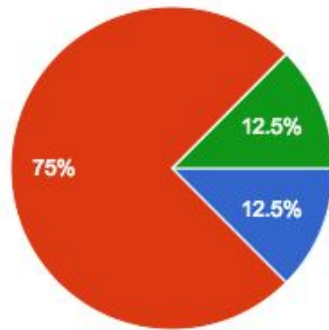
Year

8 responses



Sex/Gender

8 responses



- Male / Man
- Female / Woman
- Genderqueer / Transgender / Gender nonconforming
- Nonbinary

Ethnicity

Black / African American	Hispanic / Latinx	Asian / Asian American	Multi-Racial
2	2	1	3
25%	25%	13%	37%