



# our bodies our minds

*an  
interactive  
workshop  
open  
to all*

**TAKING ACTION AND  
USING THEATER TO  
HELP SURVIVORS AND  
COMMUNITIES HEAL  
FROM SEXUAL VIOLENCE.**

**MARCH 9, 2020**

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**SESSION #1**

**10 AM - 12 PM  
SHASTA COLLEGE  
'MAIN' REDDING CAMPUS  
11555 OLD OREGON TRAIL  
REDDING, CA 96003  
BUILDING 600, ROOM 633**

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**SESSION #2**

**4 - 6 PM  
LIBRARY, TEHAMA COUNTY  
DEPARTMENT OF EDUCATION  
1135 LINCOLN STREET  
RED BLUFF, CA 96080**

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**FREE FOOD PROVIDED  
AT BOTH SESSIONS!**