

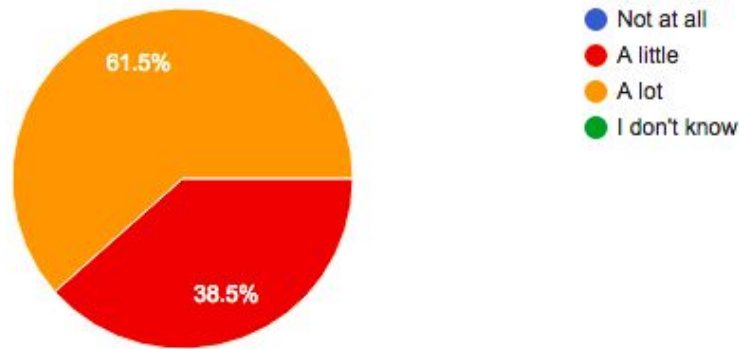
# Movies for Mental Health Rhode Island School of Design

February 19, 2017

n=13 (~25 total attendees)

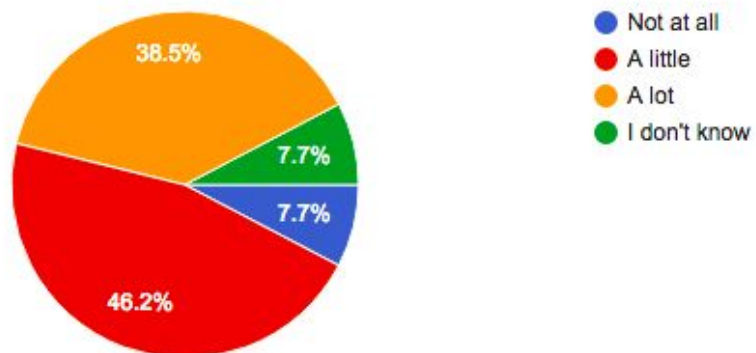
**In your opinion, did this event create awareness of mental health issues?**

(13 responses)

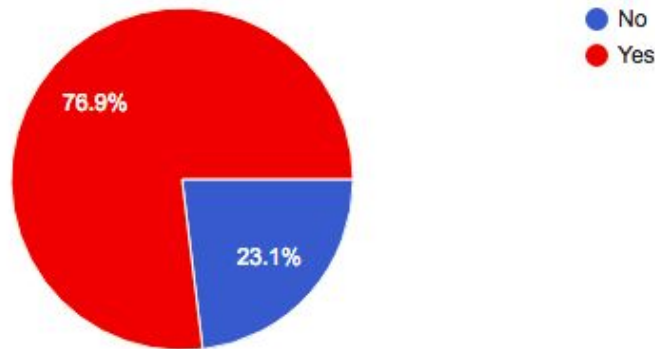


**In your opinion, did this event reduce stigma related to mental illness?**

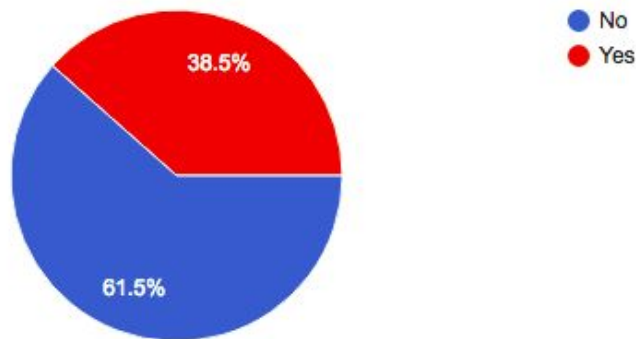
(13 responses)



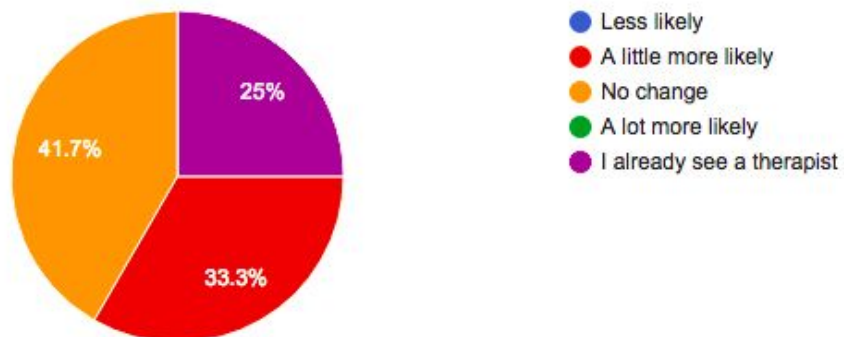
**Did you know about your school's counseling services before this event?**  
(13 responses)



**Did you know about the community resources before this event?** (13 responses)

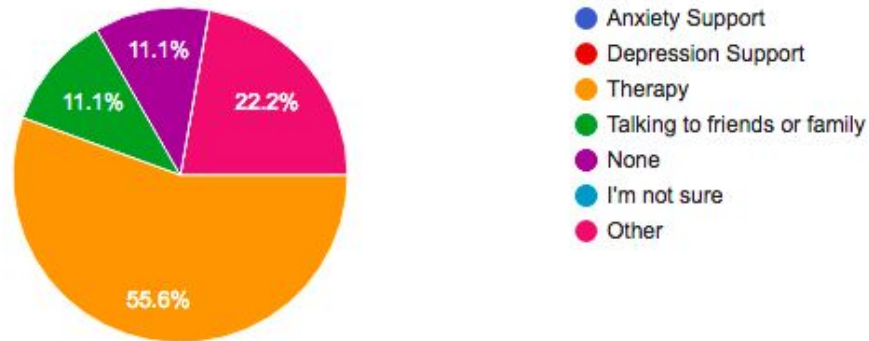


**After this event, are you more or less likely to seek support for your mental health?**  
(12 responses)

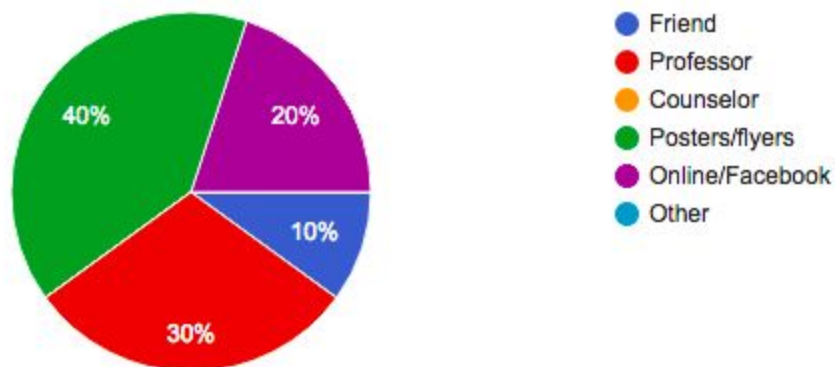


## What type of mental health support do you think would be most useful to you?

(9 responses)



## How did you hear about this event? (10 responses)



## What was your main takeaway?

- Please take mental health seriously
- The quality of the films
- A lot of people are mentally ill
- Mental health is a collective experience
- Support is there for everyone, not just acute mental illness issues
- It was a fun event but not my thing
- Better definition of mental illness and different ways it can affect people
- You do not have to wait until you hit rock bottom to see a therapist
- Mental illness is very much a physical thing
- Mental illness is common and more scary than you think, people who have mental illness are really suffering

## How would you describe this event to a friend?

- Comfortable event
- Dedicated
- A facilitated community discussion
- Great
- Raising awareness about mental health and services provided through film
- A take on mental illness- expanding the idea of negative stigmas
- Supportive and well-meaning
- Discussion stigma in regards to mental health with the use of short films

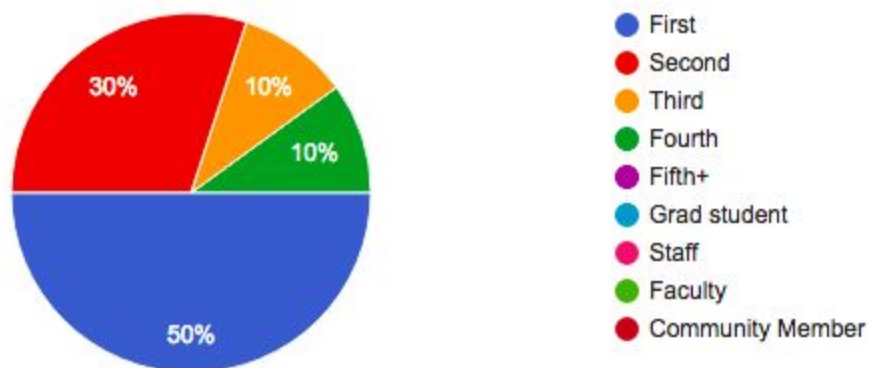
## How can we improve this event in the future?

- I feel insulted. This is something I deal with daily, not a casual movie night with pizza and jokes. Please be respectful!
- Promote more inter-audience discussion
- Show at least 1 film that has a sense of humor
- Use short films that are not just GAD or depression based but other stigmatized mental illnesses
- Show what are some signs of mental illness

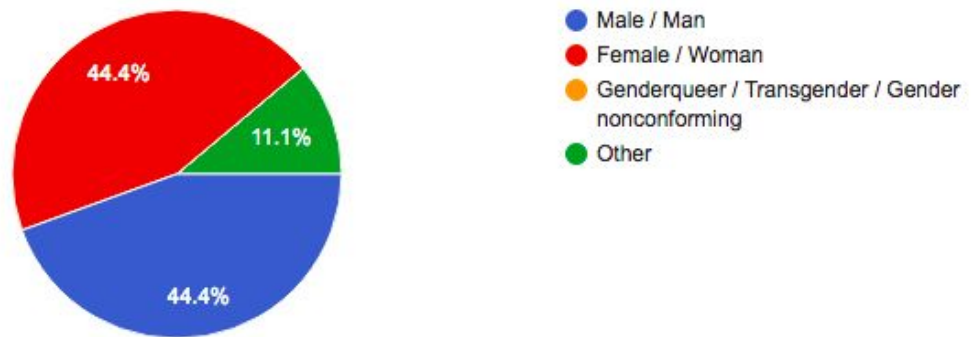
## Major?

- Animation
- Graphic Design
- Illustration (2)
- Painting (3)
- Photography

## Year (10 responses)



### Sex/Gender (9 responses)



### Ethnicity

Black / African American	White / Caucasian	Hispanic / Latinx	Asian / Pacific Islander	Native American
1	5	2	3	1
9%	46%	18%	27%	9%