

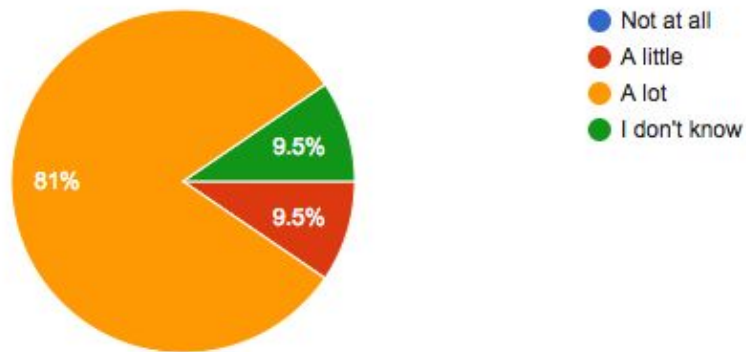
# Movies for Mental Health Bakersfield College

September 13, 2017

n=22 (~34 total attendees)

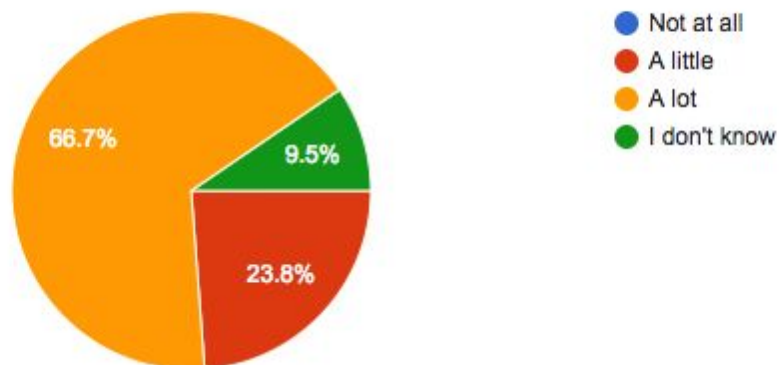
**In your opinion, did this event create awareness of mental health issues?**

21 responses



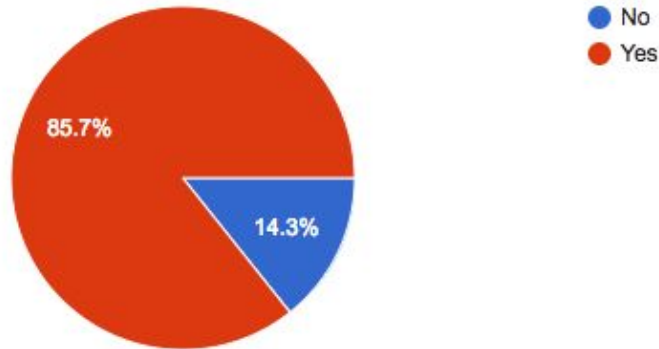
**In your opinion, did this event reduce stigma related to mental illness?**

21 responses



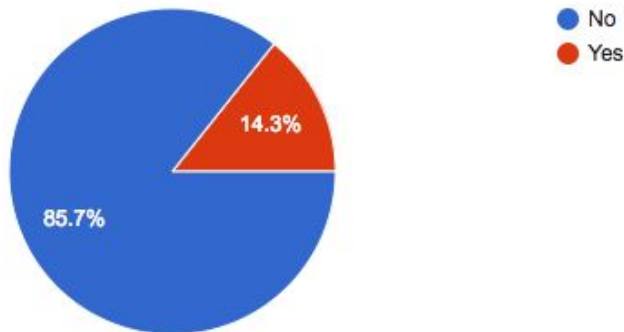
### Did you know about your school's counseling services before this event?

21 responses



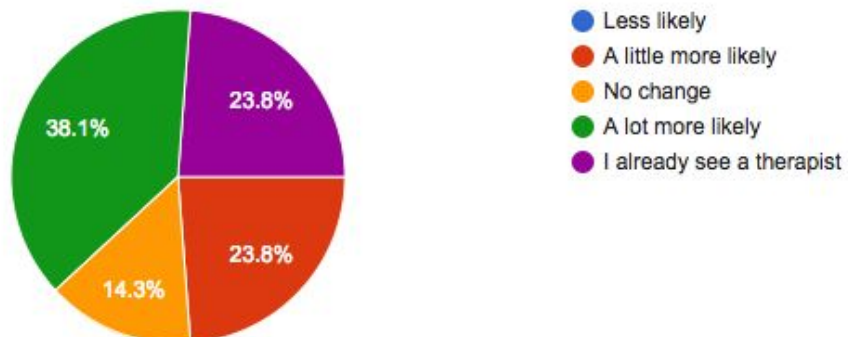
### Did you know about Prop 63/ the community-based mental health resources before this event?

21 responses



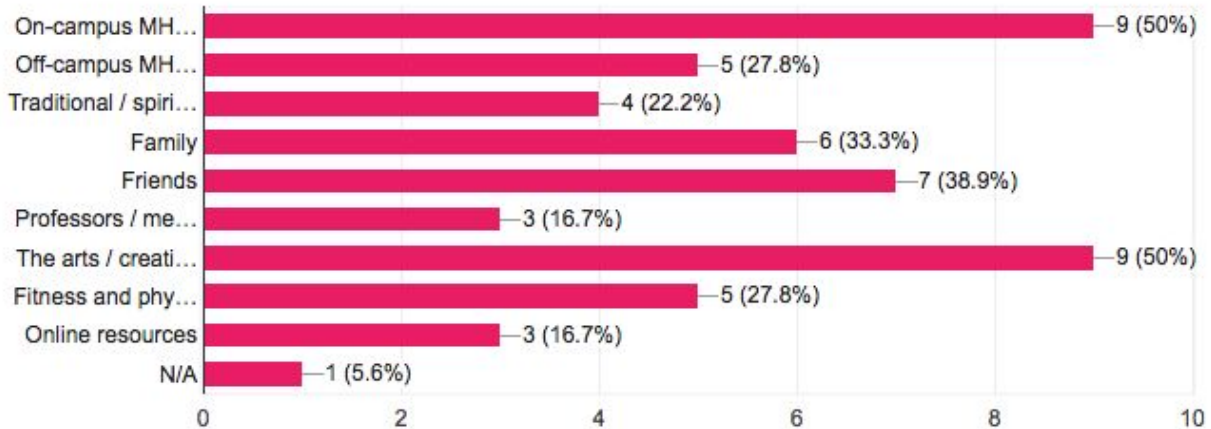
### After this event, are you more or less likely to seek support for your mental health?

21 responses



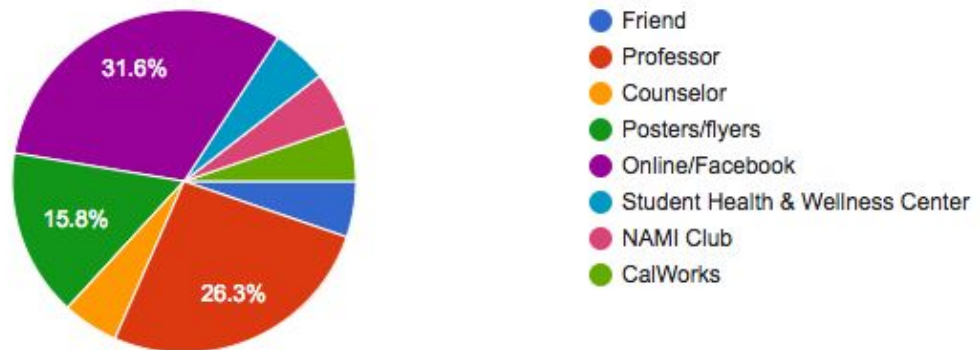
## What type of mental health support do you think would be most useful to you?

18 responses



## How did you hear about this event?

19 responses



## What was your main takeaway?

- That resources are available
- Help is available
- There are a lot of people who struggle with mental illness and you're not alone
- Mental health is important
- Films
- I can succeed
- We are not alone. Plenty of help is out there.
- Everyone has problems
- You're not alone
- It was a lot of already known material, but very appreciated
- Mental Illness can be combated; It's not uncommon
- Different ways people experience the same illness

- It's important to take care of your mental health
- Help understand others
- That there is help out there
- How there are many resources available

### How would you describe this event to a friend?

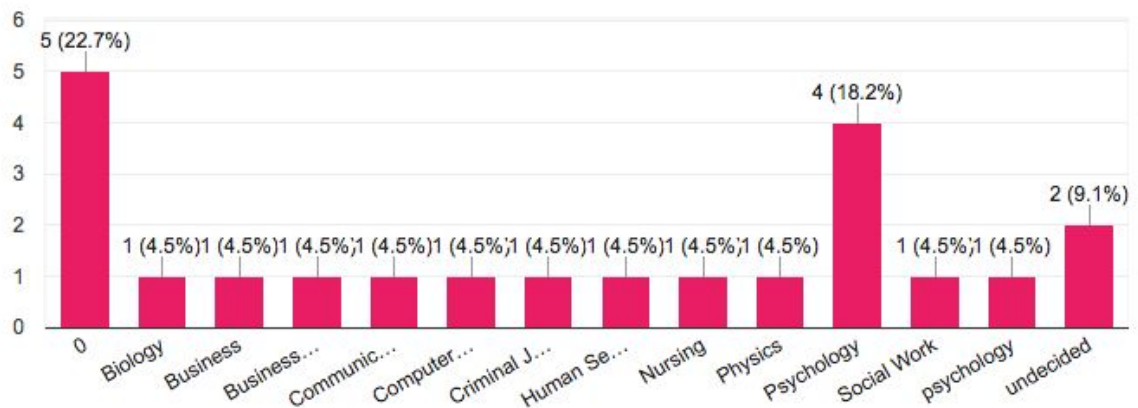
- Empowering
- Informative
- An impactful event that shows real life examples of mental illness
- Informative
- Interesting and happy
- Great!
- Informatively explains people
- Inspirational
- Fine
- An artistic awareness event that informs a lot of help
- Crash course in mental health
- A mental health workshop
- Mental health awareness
- It's an event to bring awareness to Mental Health

### How can we improve this event in the future?

- Having more discussion
- Present on a regular basis
- The room was like sitting in a freezer but other than that it was great
- Cleaner room
- Not sure
- Only the second video help in clarifying and understanding
- More testimonials, helps to know others are going through the same things

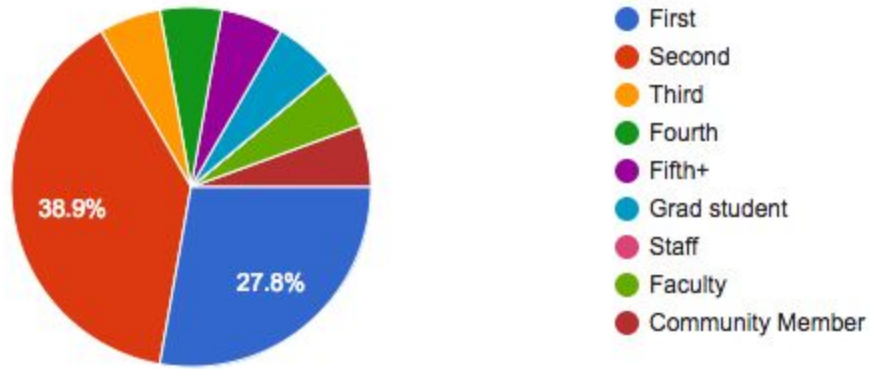
### Major?

22 responses



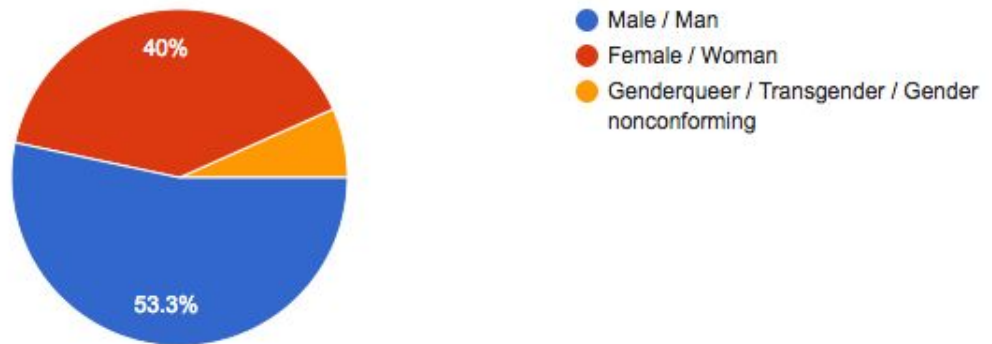
## Year

18 responses



## Sex/Gender

15 responses



## Ethnicity

Black / African American	White / Caucasian	Hispanic / Latinx	Multi-Racial
0	4	8	5
0%	24%	47%	29%