

# Movies for Mental Health

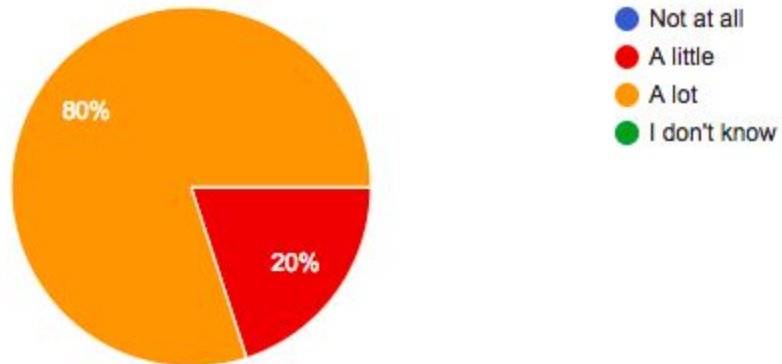
## College of the Canyons

September 27, 2017

n=5 (~15 total attendees)

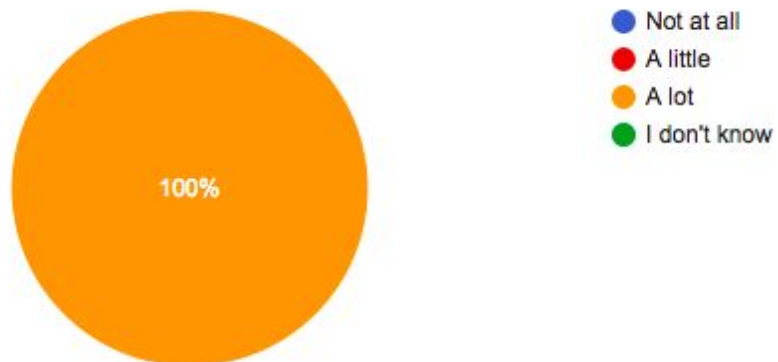
**In your opinion, did this event create awareness of mental health issues?**

5 responses



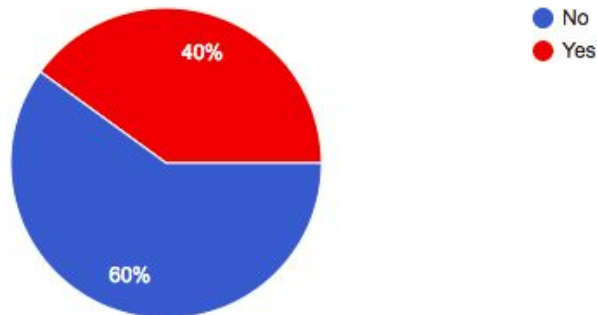
**In your opinion, did this event reduce stigma related to mental illness?**

5 responses



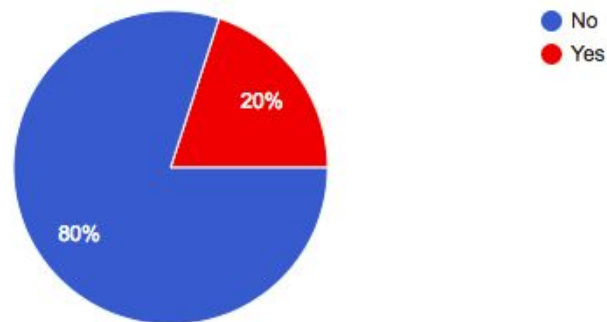
### Did you know about your school's counseling services before this event?

5 responses



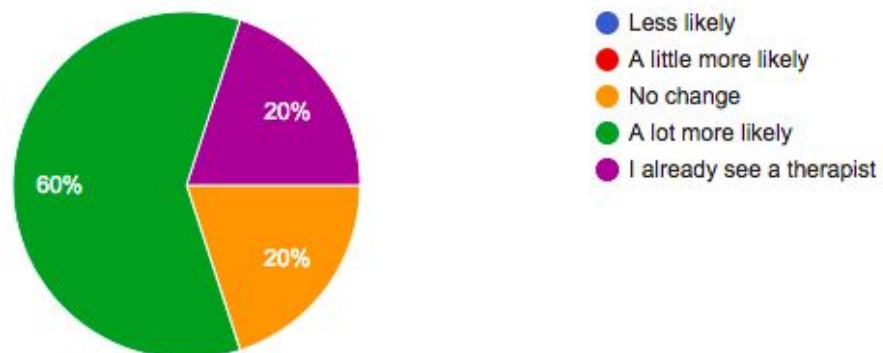
### Did you know about Prop 63/ the community-based mental health resources before this event?

5 responses



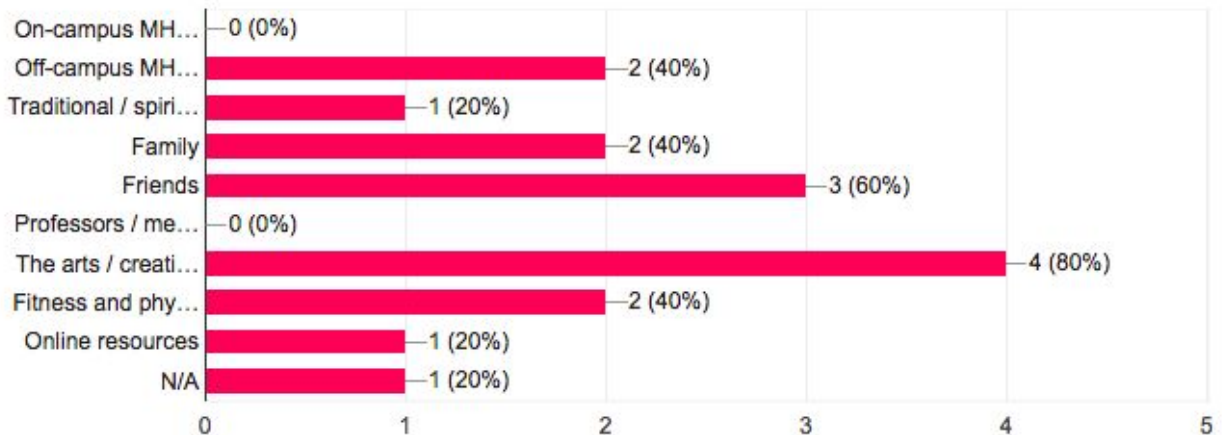
### After this event, are you more or less likely to seek support for your mental health?

5 responses



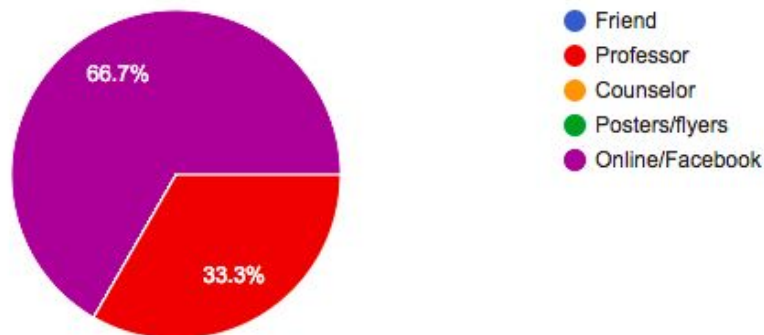
## What type of mental health support do you think would be most useful to you?

5 responses



## How did you hear about this event?

3 responses



## What was your main takeaway?

- The stigma on mental health has a long way from being changed
- Be aware / create awareness
- Art can visually express what is happening internally
- That I'm not alone

## How would you describe this event to a friend?

- Extremely helpful and enlightening
- Inspiring
- Impactful
- A workshop about the arts and mental health

## How can we improve this event in the future?

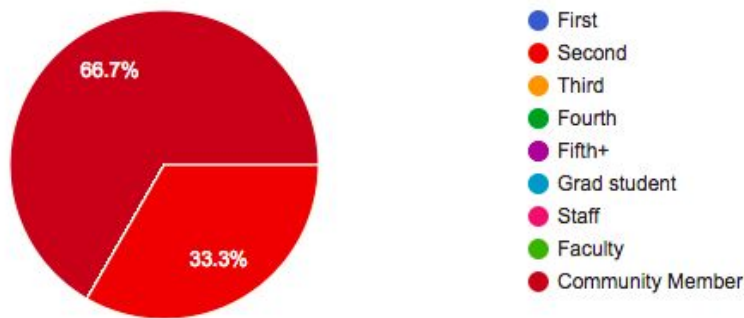
- Better advertisement of the event
- Social media outreach to boost attendance
- More time to share

## Major?

- Education - ECE

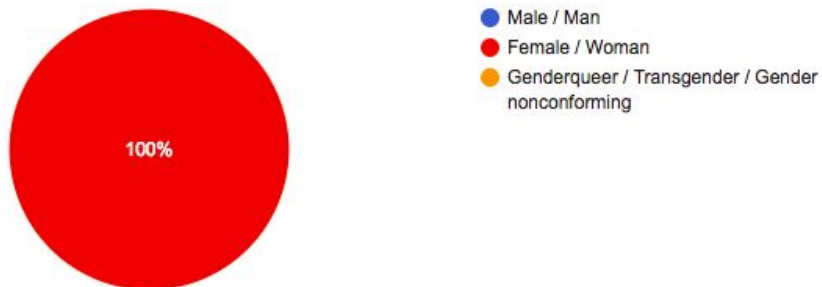
## Year

3 responses



## Sex/Gender

4 responses



## Identifiers

4 responses

