

Movies for Mental Health

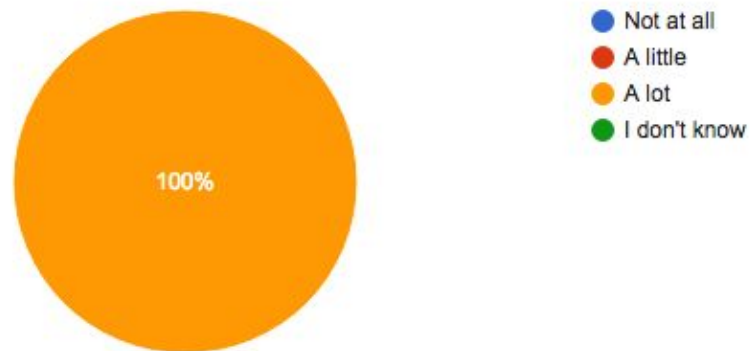
CSU Fullerton

April 26, 2017

n=5 (~35 total attendees)

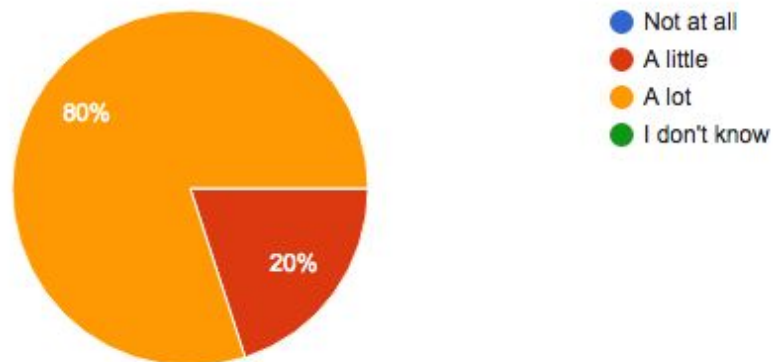
In your opinion, did this event create awareness of mental health issues?

(5 responses)

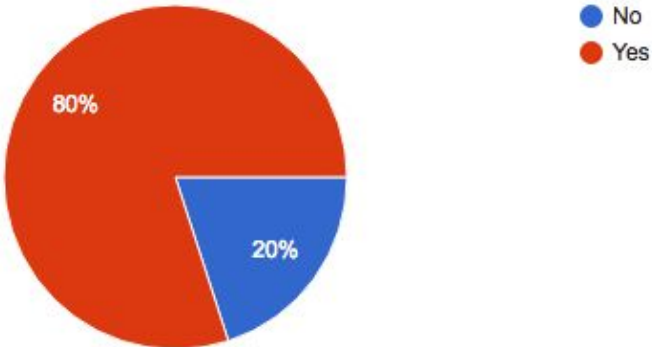


In your opinion, did this event reduce stigma related to mental illness?

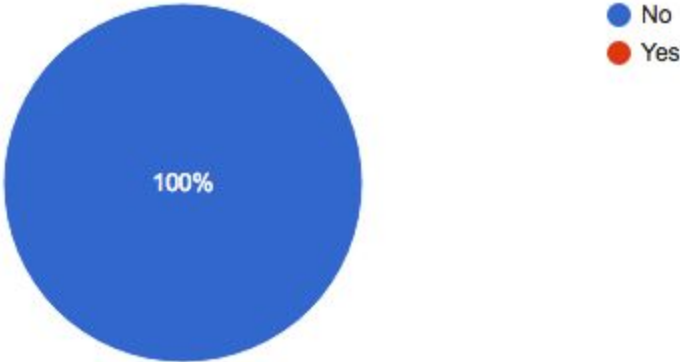
(5 responses)



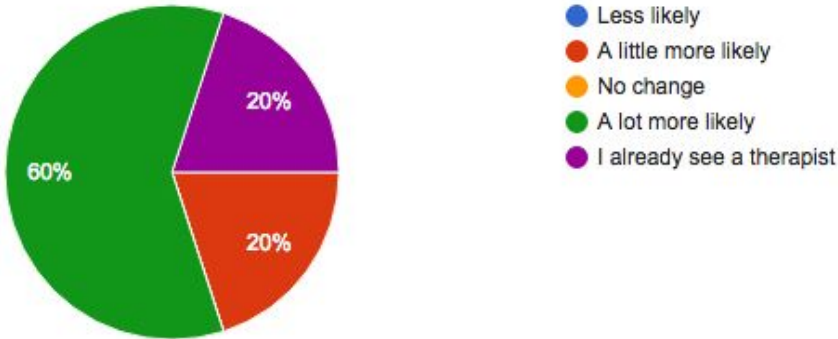
Did you know about your school's counseling services before this event?
(5 responses)



Did you know about Prop. 63 before this event? (5 responses)

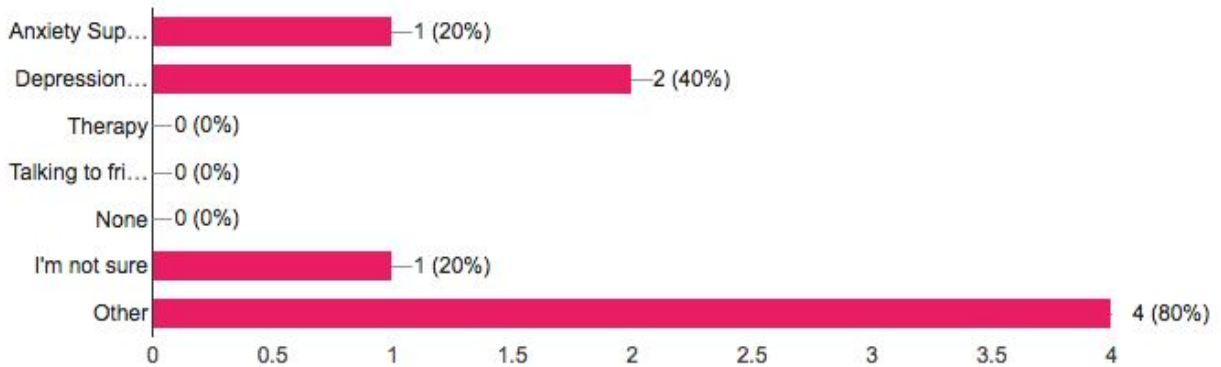


After this event, are you more or less likely to seek support for your mental health?
(5 responses)

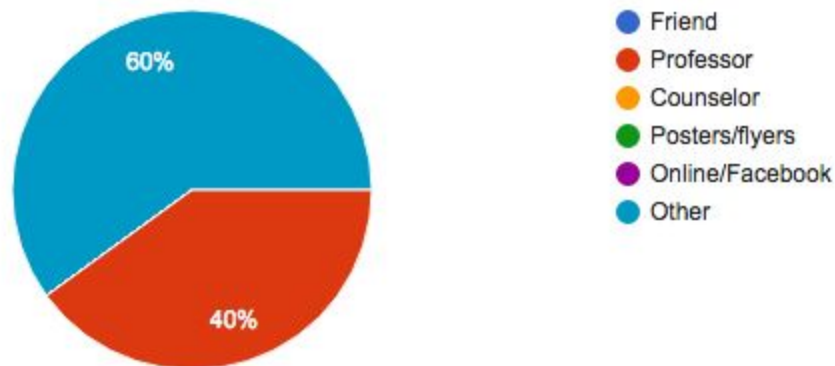


What type of mental health support do you think would be most useful to you?

(5 responses)



How did you hear about this event? (5 responses)



What was your main takeaway?

- Q&A Response of Panelists Jill & Jaime (paraphrasing): "Some people/students come in, this is (illegible) so small. But instead normalize."
- Gaining knowledge of resources
- Never base assumptions on bias opinions.
- Everyone deserves help
- There is help, hope, and people can live full lives.

How would you describe this event to a friend?

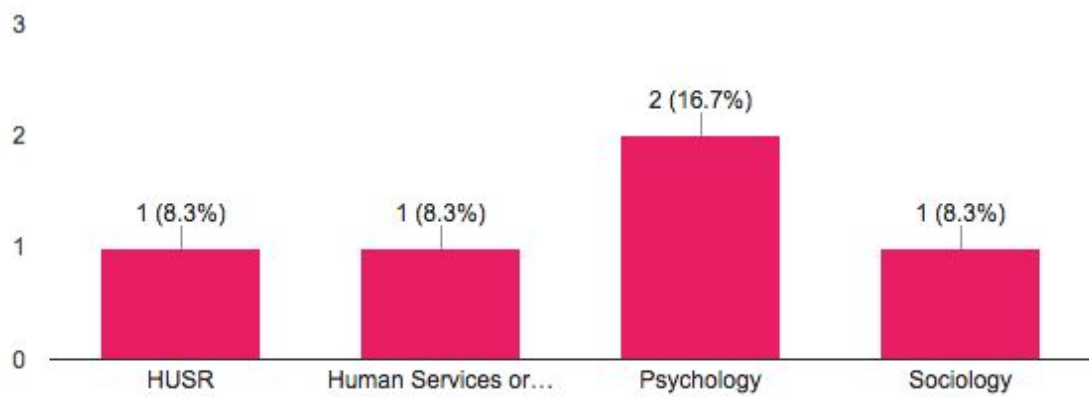
- The video on anxiety was beautiful to describe my feelings too. And to visually express it makes me feel not so alone.
- Informational and resourceful

- I would recommend it to raise awareness.
- Mind-opening
- Amazing

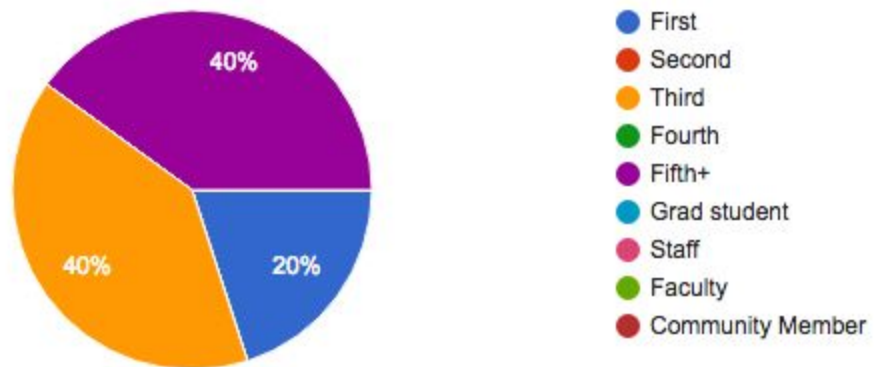
How can we improve this event in the future?

- Promote more. Well Done!
- Show more movies that can affect one emotionally
- More variety of panel

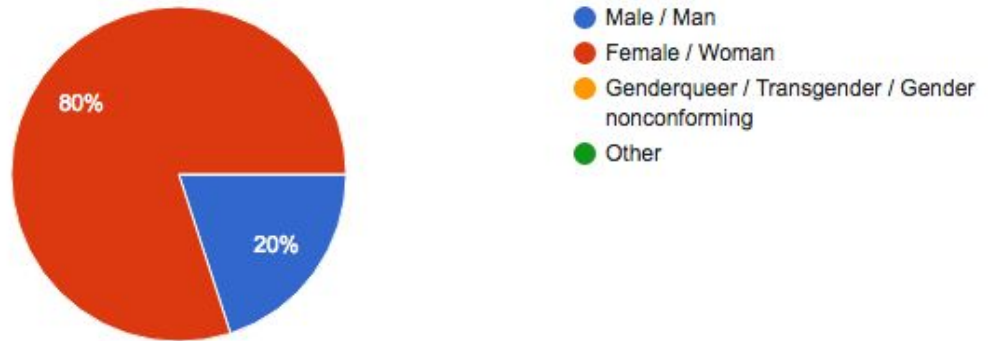
Major? (5 responses)



Year (5 responses)



Sex/Gender (5 responses)



Identifiers

Asian / Pacific Islander	Hispanic / Latinx	Multi-Racial
1	3	1
20%	60%	20%

Anything else we should know?

- The panel was very helpful & students were inspiring to be living productive lives despite their mental illness.
- Loved the event