

Movies for Mental Health (Online)

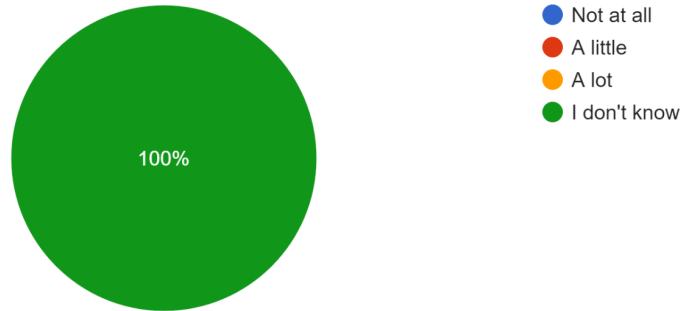
Post-Workshop Evaluations

Brandon University
10.18.22

Approximate maximum attendance: 8
Number of evaluations: 1

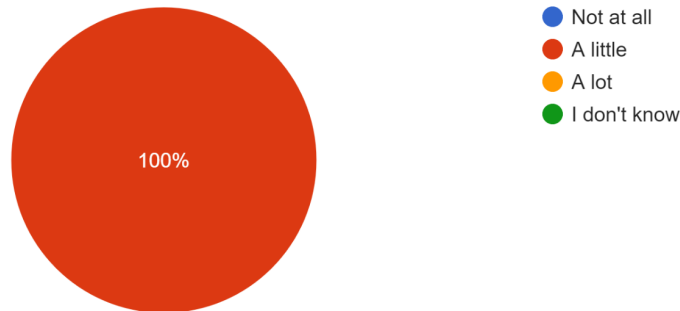
In your opinion, did this workshop increase your awareness of mental health issues?

1 response



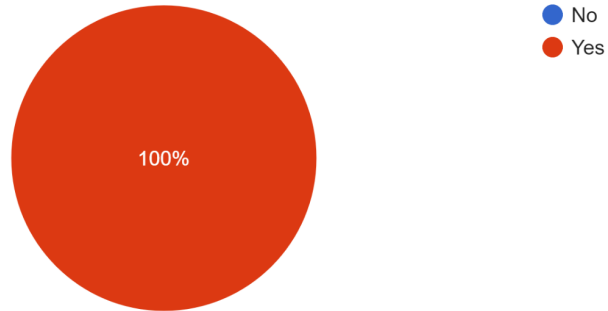
In your opinion, did this workshop help you confront and address stigma related to mental illness?

1 response



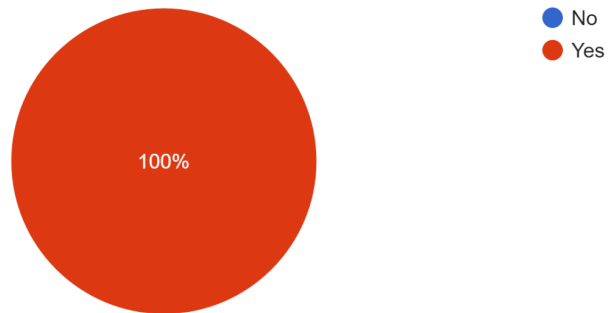
Did you know about your school's counseling services before this event?

1 response



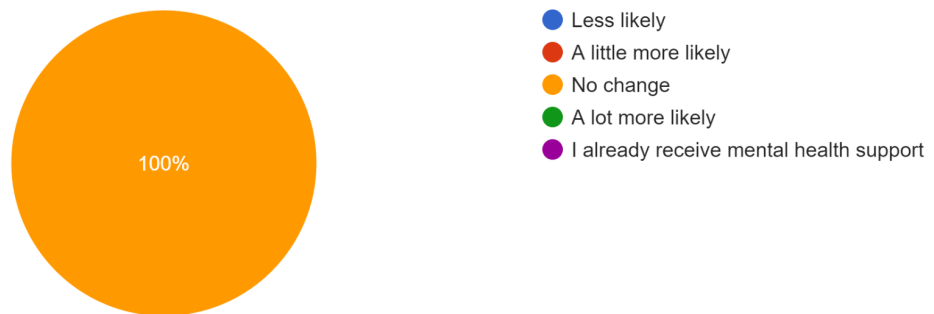
Did you know about the community resources before this event?

1 response



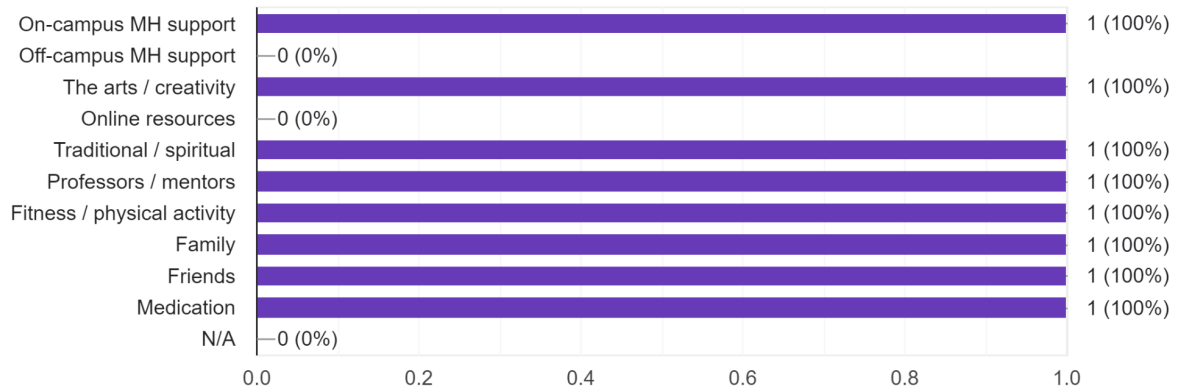
After this event, are you more or less likely to seek support for your mental health?

1 response



What type of mental health support do you think would be most useful to you?

1 response



How did you hear about this event?

1 response



What was your main takeaway?

i really enjoyed the second video about anxiety

If you were telling a friend about this workshop, you would describe it as:

(Highlights: see raw data for full list)

destigmatizing

How might you use what you learned today?

I would show the anxiety video to explain how anxiety may feel

What are the biggest barriers to your mental wellness and/or receiving mental health support?

(Highlights: see raw data for full list)

having the capacity to understand that I need supports
Talk more on addictions

How can we improve this event in the future?

greater attendance, maybe more incentive to show up

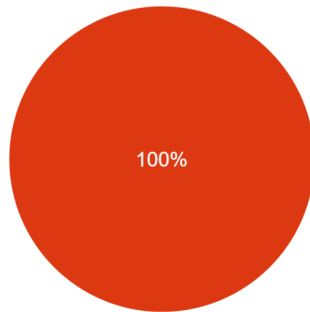
Major

bachelor of science in psychiatric nursing

2nd Year

Gender Identity

1 response



- Male / Man (cis or trans)
- Female / Woman (cis or trans)
- Genderqueer / Gender nonconforming / Non-binary

Ethnicity

1 response

