

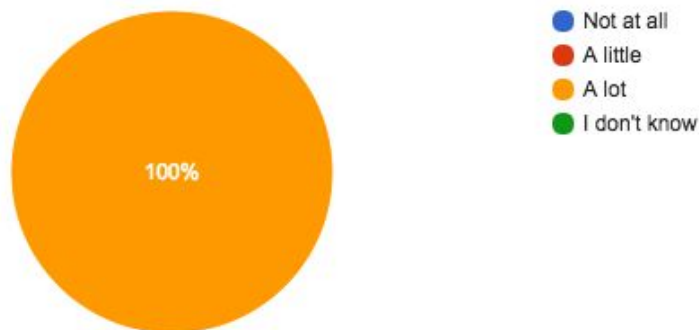
# Movies for Mental Health Berklee College of Music

November, 2017

n=11 (~25 total attendees)

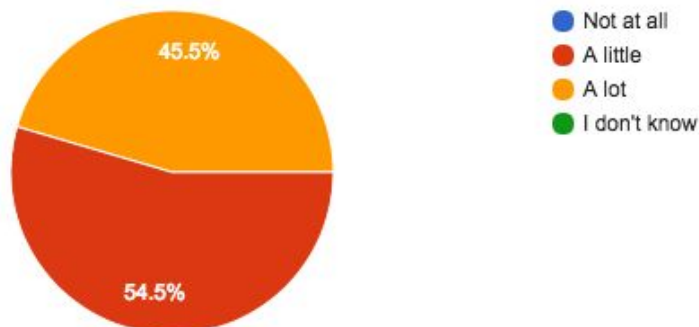
**In your opinion, did this event create awareness of mental health issues?**

11 responses



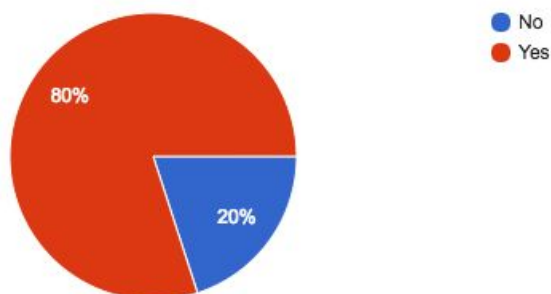
**In your opinion, did this event reduce stigma related to mental illness?**

11 responses



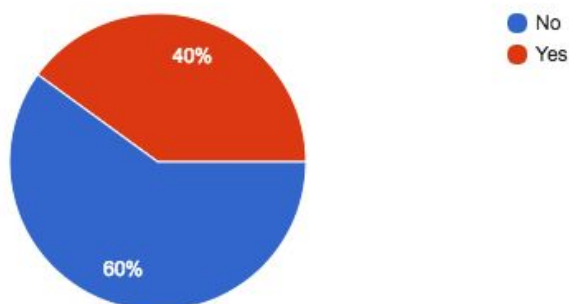
### Did you know about your school's counseling services before this event?

10 responses



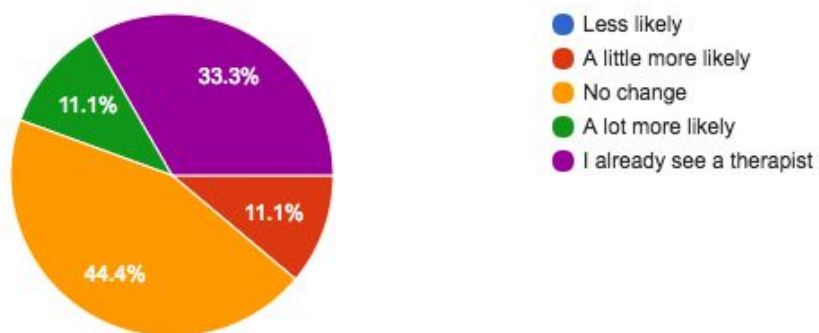
### Did you know about the community-based mental health resources before this event?

10 responses



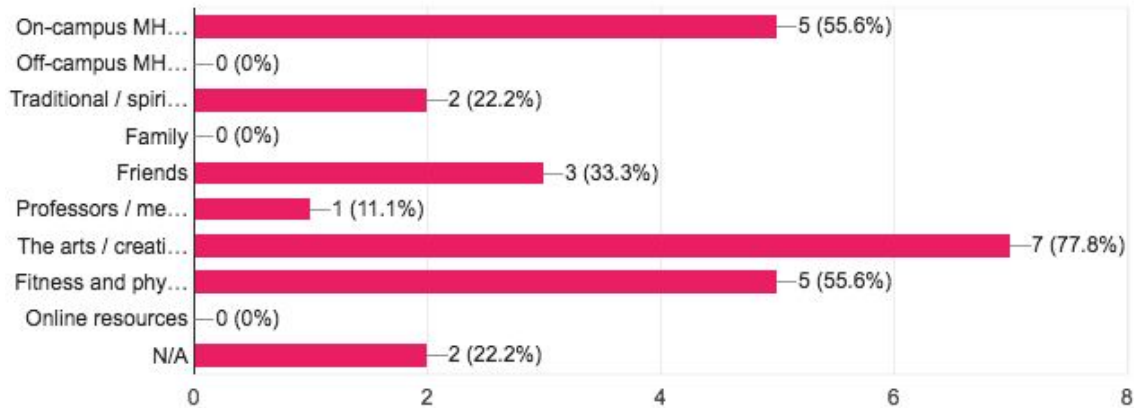
### After this event, are you more or less likely to seek support for your mental health?

9 responses



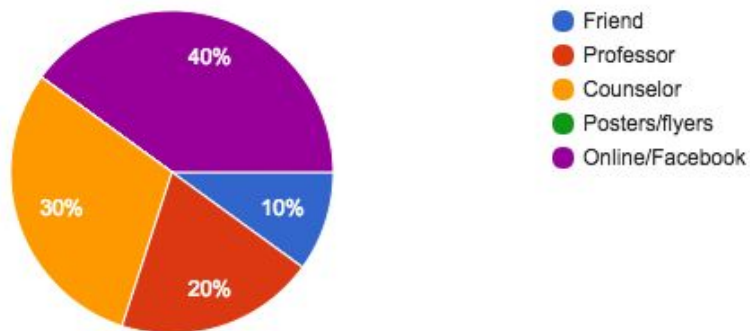
## What type of mental health support do you think would be most useful to you?

9 responses



## How did you hear about this event?

10 responses



## What was your main takeaway?

- It was great - Beth was awesome
- I really enjoyed watching the videos. I'm going to check out more
- It's ok to seek help
- Adolescence is a landmine
- Mental health is an umbrella
- Never too soon or too small to get help
- I learned about stigma, before I had to leave early
- recovery is possible, you never know someone else's story
- good support services, initiatives

## How would you describe this event to a friend?

- Open and friendly talk about mental health (mental illness and mental wellness)
- Comforting, but intense
- informative
- pertinent and timely
- It helped spread awareness and destigmatize mental illness through short films and discussions
- Certainly eye opening. Supportive and uplifting
- Informative
- Thoughtful, open dialogue, showed varied perspectives, diverse representation
- Intriguing, insightful, relaxing

## How can we improve this event in the future?

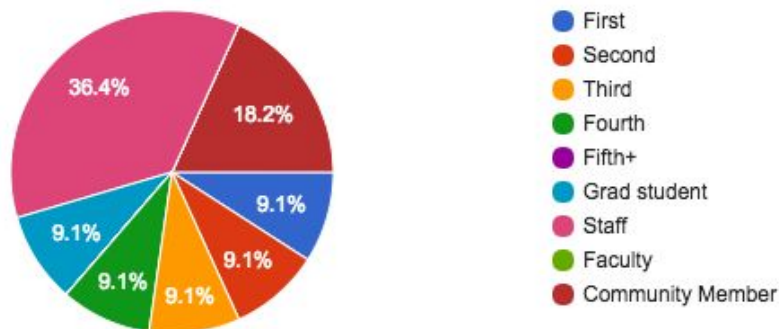
- Talk more about warning signs

## Major?

- MM - Voice
- undeclared
- Film Score/Composition
- Electronic production and design

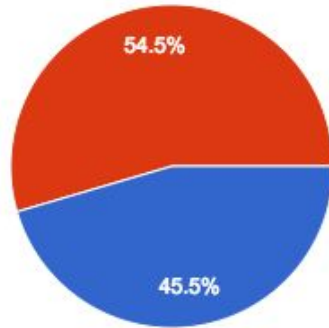
## Year

11 responses



## Sex/Gender

11 responses



- Male / Man
- Female / Woman
- Genderqueer / Transgender / Gender nonconforming

## Ethnicity

Black / African American	White / Caucasian	Asian / Asian American	Hispanic / Latinx	Multi-Racial
1	5	1	1	1
11%	55%	11%	11%	11%