

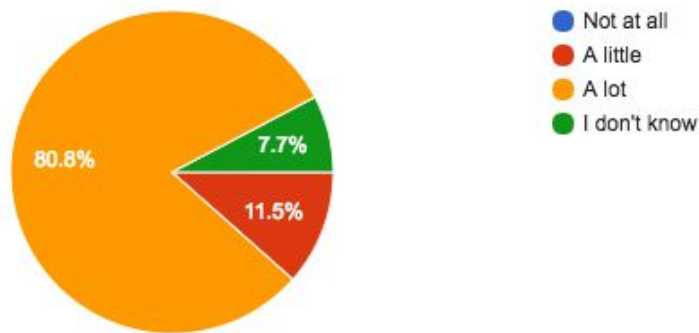
Movies for Mental Health Baldwin Wallace University

November 13, 2017

n=26 (~30 total attendees)

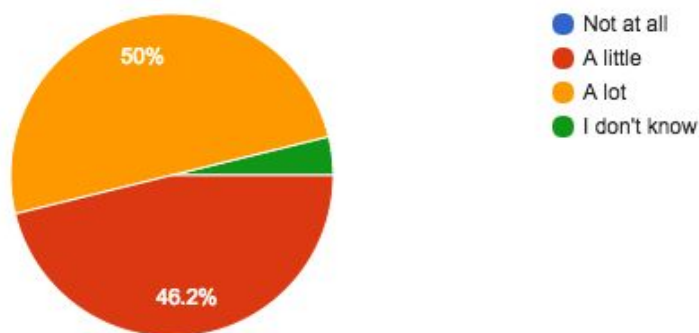
In your opinion, did this event create awareness of mental health issues?

26 responses



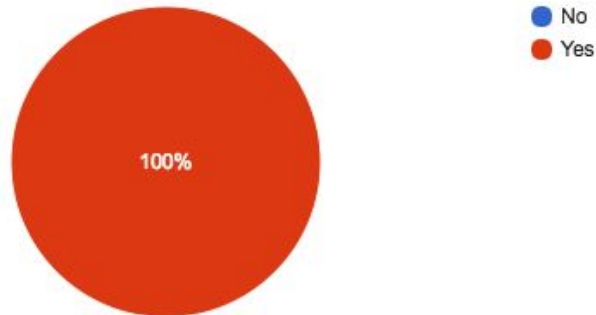
In your opinion, did this event reduce stigma related to mental illness?

26 responses



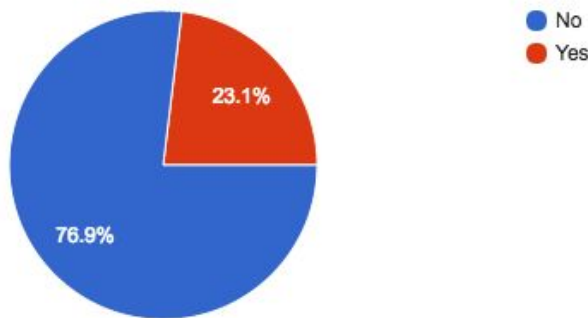
Did you know about your school's counseling services before this event?

26 responses



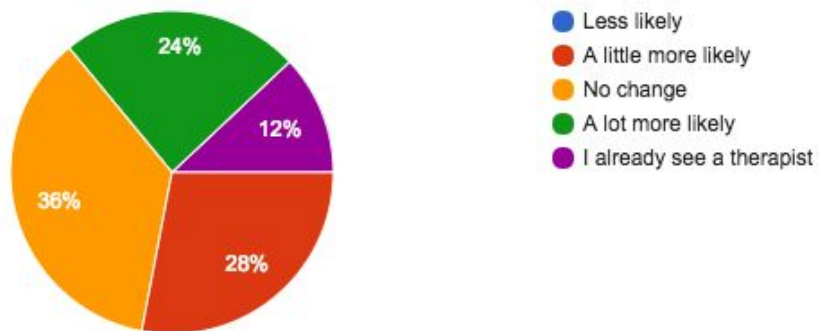
Did you know about Prop 63/ the community-based mental health resources before this event?

26 responses



After this event, are you more or less likely to seek support for your mental health?

25 responses



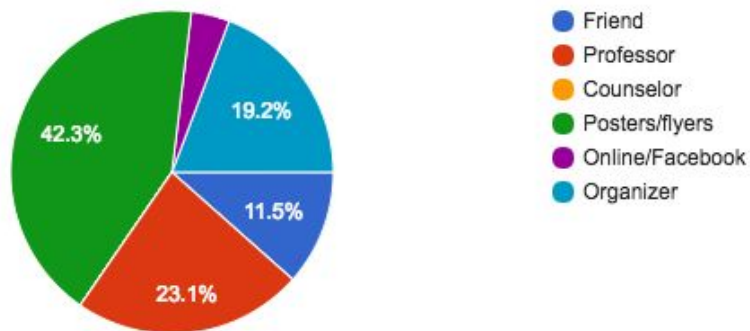
What type of mental health support do you think would be most useful to you?

24 responses



How did you hear about this event?

26 responses



What was your main takeaway? (Highlights - see Raw Data for full list)

- People do care.
- Mental health is very personal.
- 1 in 5 people have mental illness.
- Everyone has mental health.
- That it's okay to get help.
- Mental health shouldn't define me.
- Counseling services is ready and available.
- Mental health problems can happen to anyone, always get help.
- You are never alone.
- Mental illness more prevalent than I thought but there are avenues to help those who need it.
- The view on mental health has really changed for the better over the years.

- Learning about the existence of AWI; Availability of short films (free) online
- There is hope related to mental health.

How would you describe this event to a friend? (Highlights - see Raw Data for full list)

- Talking about mental health.
- An important event that brings necessary awareness.
- Educational and necessary.
- An interactive event discussing mental health.
- Impactful.
- Informative and beneficial.
- Eye-opening and influential.
- It was a nice open event.
- Looking at short films that show mental health and building understanding.
- Lots of discussion based on short films.
- Empowering.
- A discussion to reduce stigma surrounding mental health.
- Very useful.
- We discussed what mental health means and feelings surrounding it.

How can we improve this event in the future?

- More films (x7)
- A little repetitive
- More talk about ways to reduce stigma on a daily, personal basis
- Reduce stigma, more awareness
- Good :-)
- More exciting, more presenting, less questions.
- One long film not short films
- Not sure. Some way of increasing participation.
- Maybe an activity make people feel comfortable.
- Bigger group, more discussion
- It was good. Maybe more discussion so people get use to conversation.

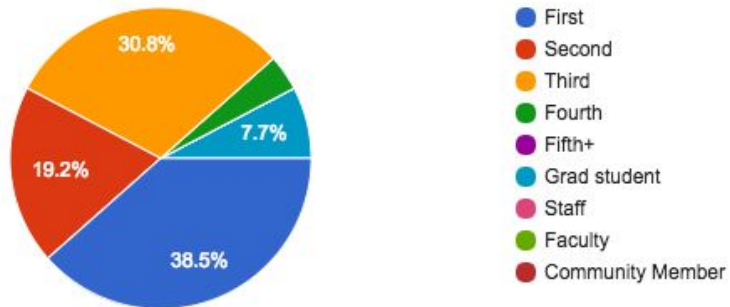
Major?

- Biology (x2)
- Public Health (x2)
- Psychology (x4)
- Health and Physical Teacher Education
- Film Studies (x2)
- Music therapy
- Management
- Sociology
- Theatre
- Physical Therapy
- Athletic Training
- Accounting
- LHE

- CIS
- Undeclared
- Criminal Psychology
- Leadership in Higher Education
- French Education
- Music Education - Voice
- Chemistry

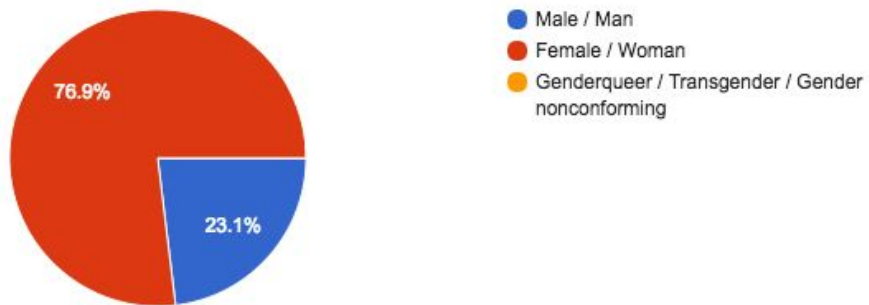
Year

26 responses



Sex/Gender

26 responses



Ethnicity

| Black / African American | White / Caucasian | Hispanic / Latinx | Indian / South Asian | Multi-Racial |
|--------------------------|-------------------|-------------------|----------------------|--------------|
| 4 | 19 | 1 | 1 | 1 |
| 15% | 73% | 4% | 4% | 4% |