

Movies for Mental Health

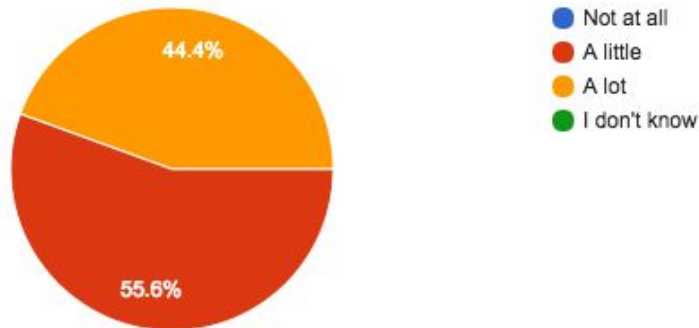
Antioch College

October 24, 2017

n=9 (~23 total attendees)

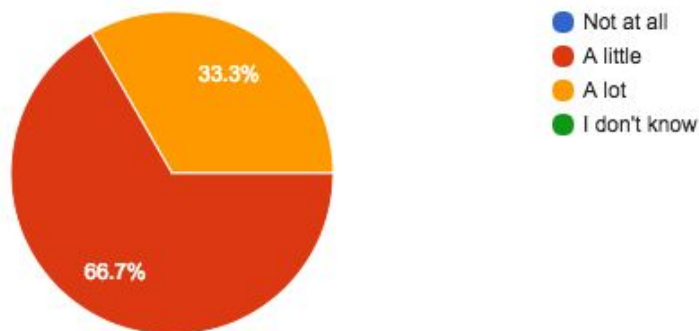
In your opinion, did this event create awareness of mental health issues?

9 responses



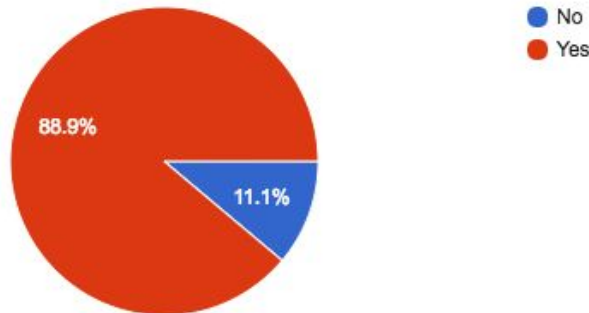
In your opinion, did this event reduce stigma related to mental illness?

9 responses



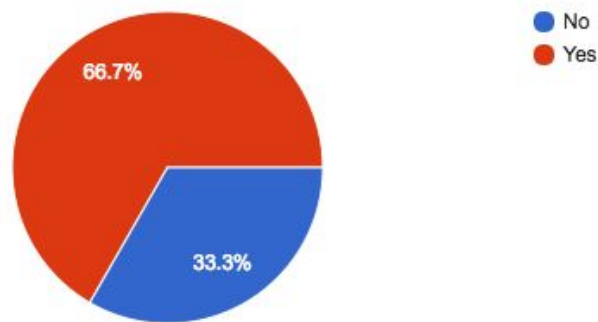
Did you know about your school's counseling services before this event?

9 responses



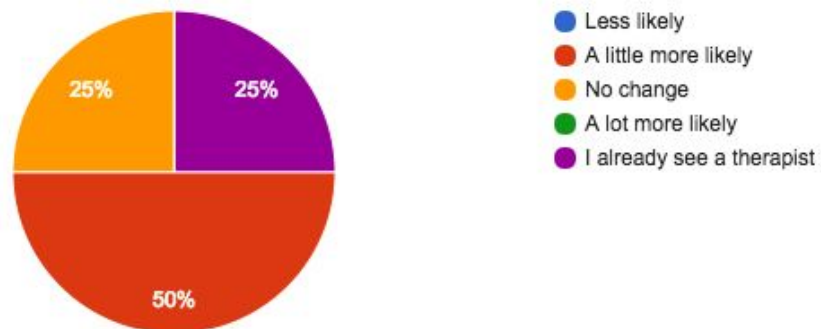
Did you know about Prop 63/ the community-based mental health resources before this event?

9 responses



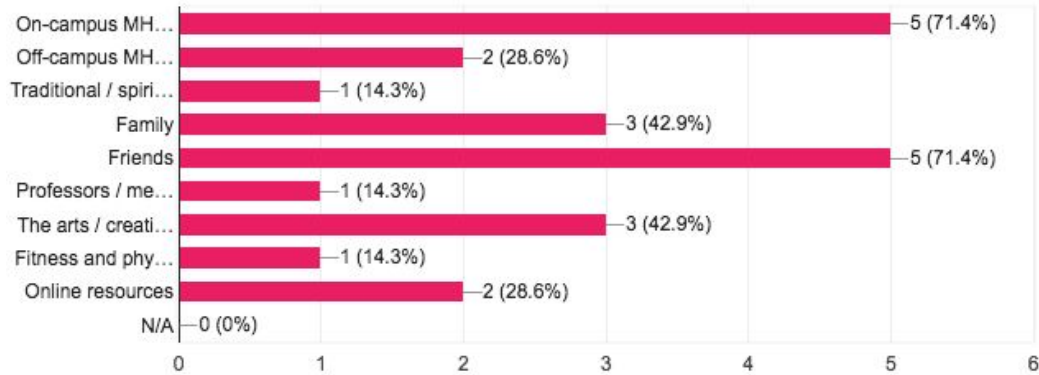
After this event, are you more or less likely to seek support for your mental health?

8 responses



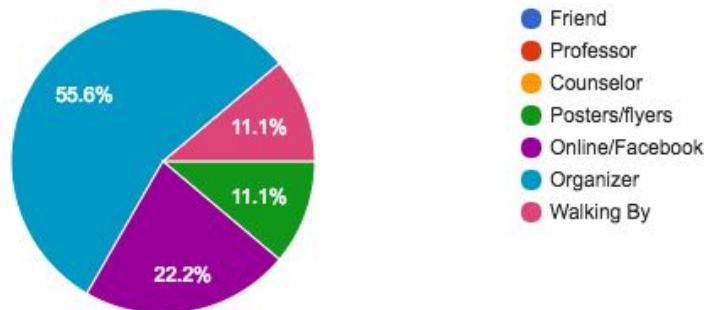
What type of mental health support do you think would be most useful to you?

7 responses



How did you hear about this event?

9 responses



What was your main takeaway?

- Helping students.
- Get help. Many people suffer in silence.
- Everyone deals with mental health differently.
- More people need to talk about their experience.
- Our students are more resilient than we realize.
- More empathy toward borderline.

How would you describe this event to a friend?

- Creative way of helping.
- Helpful, and thought provoking.
- The beginning of a conversation about mental health.
- The same way I would describe a psychology textbook.
- Films depicting mental health scenarios and discussion after.
- Multimedia discussion about mental health.

How can we improve this event in the future?

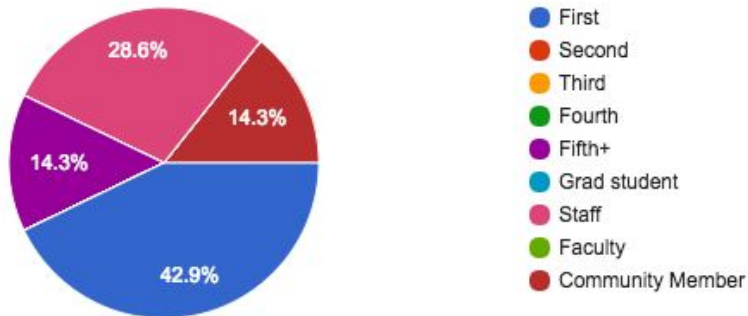
- More discussion about "other" mental illnesses.
- Literature.
- Be realistic and reach a wider audience.
- Group activities.
- This was excellent! Thank you!
- It was great! Can't think of anything!

Major?

- Media arts (x2)
- Psychology

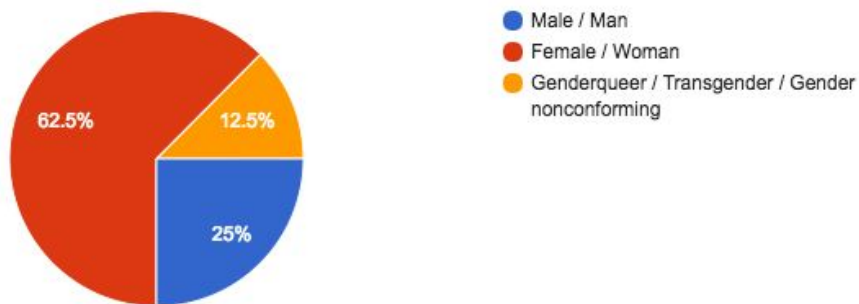
Year

7 responses



Sex/Gender

8 responses



Identifiers

Black / African American	White / Caucasian	Hispanic / Latinx	Multi-Racial
2	5	0	1
25%	63%	0%	13%