

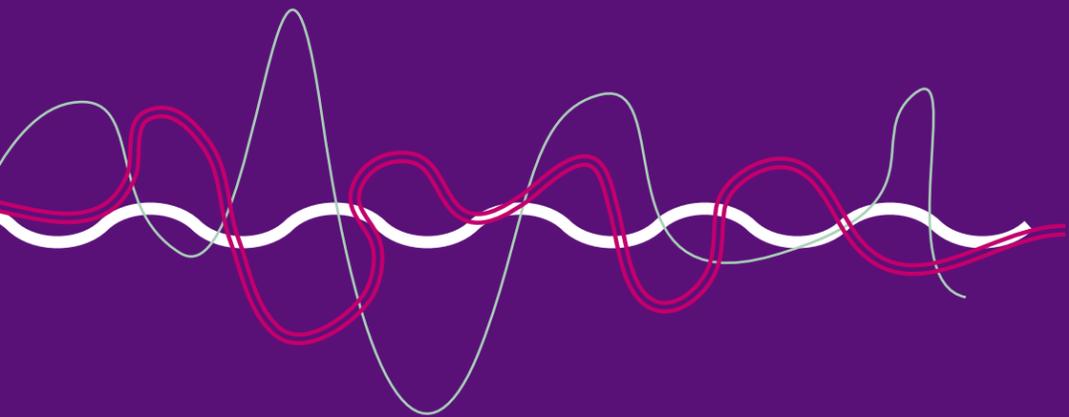
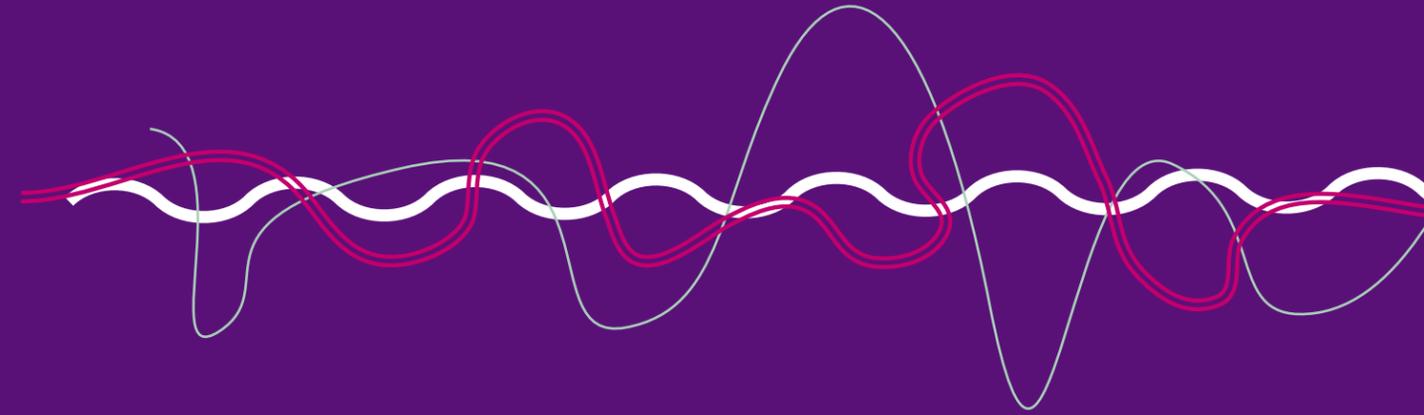


ART WITH IMPACT

2019-2020
**ANNUAL
REPORT**

**OUR VOICES
WILL BE HEARD**

Everyone has a mental health story.



Talking about it shouldn't be taboo.

“Awareness is the greatest tool. Aware of mental health issues. Aware that everyone can suffer to any degree. Aware that there are resources. Just spread awareness.”

— Student Attendee, Movies for Mental Health Online, Gavilan College

“[My main takeaway is] that we can use the arts to engage in the topic of mental health in meaningful and connective ways even during this pandemic.”

— Student Attendee, Movies for Mental Health Online, Chapman University

“This was a much needed session to discuss some of the inclusion barriers in the drag/queer community. Loved the diversity of this session.”

— Student Attendee, Voices With Impact Festival Session

TABLE OF CONTENTS

- 6 Letter From The Executive Director
- 8 Mission, Vision, Values
- 11 Workshops
- 19 Mental Health Films
- 22 Short Film Production Grants
- 28 Our Financials
- 31 Our Partners
- 32 Our People

LETTER FROM THE EXECUTIVE DIRECTOR

“This is an inviting workshop and it was amazing to see such powerful videos and have a community.”

— Student Attendee, Movies for Mental Health Online, Skyline College

Dear Friends,

“So many of us struggle the same way. You just don’t know when you walk past someone that they might be struggling with the same stuff. Just knowing there are others out there helps to make me not feel so alone.”

- Movies for Mental Health Online Participant

“If there’s a “plus” to the pandemic, it’s the incredible variety of programs that have been available online, especially voices that often go unheard, topics that are silenced, and the chat stuff revealing that none of us are alone in our journey.”

- Voices With Impact Participant

Everyone has a mental health story. Talking about it shouldn’t be taboo. And also, it still is.

This year more than ever, creating spaces for folks to have brave conversations about their mental health has been such a privilege. When the whole world changed in February 2020 so too did the way we delivered our programs to college and university students throughout the U.S. and Canada. Moving online was a real eye-opener. Not only did attendance go up, but it felt like we were reaching different folks... people who might not have felt comfortable showing up in-person to a workshop with “Mental Health” in the title.

As people around the globe managed new mental health challenges and navigated a world that none of us predicted living in, our partners at colleges and universities really stepped up to support their students who were flung far and wide, isolated from their campus communities. I’m so grateful to the entire Art With Impact community for the work we’ve done together this year, outlined in this report.

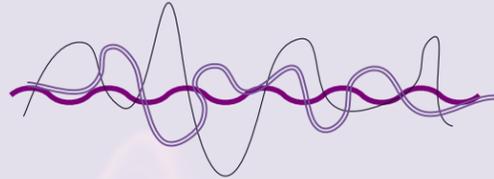
This was a year exemplifying resiliency and growth. Art With Impact brought people together who had been feeling isolated and alone. We reached new audiences around the world through our Voices With Impact premiere and festival. We listened deeply to the people we serve, continually refining and adjusting our programs to meet their needs. In the midst of global change and the accompanying losses, adjustments, and reimaginings one truth remained: we all have mental health stories. And it’s only when all the diverse and unique voices are heard that our melodies and harmonies reach peak beauty. Here’s to a year of doing our part to amplify your voice.

In solidarity,

Cary McQueen
Art With Impact Founder and Executive Director

MISSION

Art with Impact promotes mental wellness by creating space for young people to learn and connect through art and media.



VISION

AWI is committed to a future where artists are revered as cultural icons of courage and change, enabling young people to communicate freely and fearlessly about their mental health.

To fulfill this vision, Art With Impact will:



Provide **unique and safe spaces** to learn, cultivate empathy, and reduce stigma in all regions of North America, connecting individuals to comprehensive mental health resources



Continue to expand and make available the world's most diverse and compelling collection of **short films on mental health**, supporting a network of filmmakers, artists and young people in an interactive online community



Maximize collaboration between the arts and social movements by engaging professionals and academic institutions through **sustainable partnerships** and transparency of methods and outcomes

VALUES

OUR ORGANIZATION

A

Achievement

As an organization we are committed to impact... it's right there in our name. So we evaluate our work. We measure our progress. We are willing to change direction when something proves ineffective. Our commitment to achievement requires courage, flexibility, humor and, above all, an open mind.

S

Sustainability

We are committed to making long-lasting, durable social change. This requires responsible decision making that prioritizes the health and well-being of our community. As part of an ecosystem, we strive to contribute to our partners' success. To ensure the longevity of our impact, we are committed to fostering diverse income streams, constantly evaluating our programs and regularly updating our strategies to meet current needs.

OUR PEOPLE

P

Personal Growth

Each of us is on a personal journey. Art With Impact team members are committed to growing as people in understanding, compassion, skills and relationships. We foster growth in one another through concrete support, and by encouraging new skills development, both through formal and informal means, so that we can be our best selves and better serve our diverse community.

I

Integrity

At the core of each person is a unique and precious identity. Art With Impact team members honor themselves, stay true to their own personal values, and carefully consider their words and actions in the context of who they are. In turn, we are able to be authentic with and genuinely supportive of those we serve.

OUR RELATIONSHIPS

R

Respect

At the core of our relationships is respect for each person. Honoring different points of view and diverse experiences, we communicate cordially and with compassion. We respect the unique strengths of each individual we encounter, and seek to understand where others are coming from, demonstrating grace and generosity in our interactions.

E

Empowerment

We want everyone to succeed and meet their potential. We cultivate empowerment by encouraging and supporting individuals to take new steps to support their own growth, and to share new tools with one another that encourage independence and self-actualization and by helping to find solutions that enable them to do so.



WORKSHOPS

During a year marked by unprecedented challenges, our workshops proved to be a crucial resource for our post-secondary partners and the students we serve. While we collectively transitioned to life in quarantine, navigating the new stressors of virtual living, our programs created space for young people to connect and process with their communities. When the world around us felt both unpredictable and overwhelming, our programs served as safe havens, allowing people to come together to hear and share stories of mental health, all while learning how to access resources for their well-being.

We started the year hosting our in person workshops, coordinating Movies for Mental Health and Our Bodies, Our Minds events on campuses across the United States and Canada. This Fall semester was our busiest and most impactful to date. We partnered with more universities and colleges than any previous Fall term, enabling us to engage more students than ever with our arts and mental health programs. In the words of our participants, our in person workshops were “validating,” “eye opening,” and “necessary.”

Little did we know, things were about to drastically change. In February 2020, like many people, we started hearing a lot about a “novel coronavirus” that was impacting folks in China and Europe. Then we watched in shock as it spread worldwide and nations began to shut down.

By March, two things were clear; 1) our last three months of programming were not going to go forward as planned and 2) our work to promote mental wellness had just become even more important.

As our college partners prepared to close their campuses and students started transitioning to distance learning, we knew the need for community and mental health support was going to grow. To reach students as they learned remotely, our team hunkered down and worked to move our programs online. We updated our curriculum, retrained our facilitators, and streamlined our offerings to ensure we could serve students during the pandemic. Our newly developed virtual programs allowed us to create brave spaces for students to come together and discuss mental health with their communities, even during quarantine.

“I now know more about resources on campus and can connect to them.”

— Student Attendee, Movies for Mental Health, McGill University



“I’ve come to understand that my anxiety comes from trauma, but that doesn’t necessarily make it easier.”

— Student Attendee, Movies for Mental Health, Vancouver Island University



“Lots of people are experiencing similar things and I’m not alone.”

— Student Attendee, Movies for Mental Health, Hamilton Artists

IN-PERSON: MOVIES FOR MENTAL HEALTH

Movies for Mental Health workshops empower students to tell their own stories and explore their own truths related to mental health and wellness. Knowing that art speaks the language of our inner worlds, we harness short film to engage young people and the adults who support them in community conversations on the vital topic of mental health. Our workshops show students that they are not alone and connect them with accessible resources for their mental well-being.

There are three sections of each Movies for Mental Health workshop. First, the facilitator works with students to co-create a brave space where they'll be able to explore new ideas with an open mind, free of judgement or shame. Next, participants explore and discuss ideas expressed and evoked through short films. Finally, participants are directly connected with resources so that, when they are ready to take a next step to support their wellness, they have some concrete options to explore.

Attendees watch three curated short films from AWI's film library, carefully selected in consultation with campus organizers, to ensure the films explore themes relevant to students from their campus while reflecting the demographics of the student body. Our facilitators hold space to process and discuss each film through prompts, reflective dialogue, and mind body exercises. The films selected always portray a range of filmmaking styles, speak to multiple mental health themes, and depict a diversity of genders, ethnicities, and sexual orientations to demonstrate the dual realities that mental illness does not discriminate and it also impacts different people differently.

Each workshop concludes with a resource panel that features lived experience stories and highlights accessible mental health supports. The panel begins with a student speaker from the campus who shares their own story of recovery and resilience. The student story inspires their peers by demonstrating that support is possible. Representatives from the campus and community groups speak to mental health resources, highlighting what they offer and how to access them, ensuring students are aware of the support available to them.

2019-20 Movies for Mental Health Hosts

Allan Hancock College
American River College
Bow Valley College*
Brandon University*
Butte College Campus*
Carnegie Mellon University
Cecil College
College of Marin
College of the Sequoias
Colorado College
Concordia University Edmonton*
Confederation College*
De Anza College
East Los Angeles College
Glendale Community College
Hiram College
Holy Names University
Keyano College*
Kwantlen Polytechnic University*
Lethbridge College*
Long Beach City College
Los Medanos College
Maryland Institute College of Art
McGill University*
Merced College, Main Campus
Merced College, Los Banos Campus
Mohawk College*
Mt. San Antonio College
Notre Dame Campus
Orange Coast College
Pennsylvania State University
Princeton University
Red Deer College*
Red River College, Main Campus*
Red River College, Exchange District Campus*
Sacramento City College
San Juan College
Santa Barbara City College
Scripps College
Seneca College, King Campus*
Shasta College, Main Campus
Shasta College, Tehama Campus
Stanford University
University of Guelph*
University of Manitoba, Bannatyne*
University of Manitoba, Fort Garry*
Vancouver Island University*
Whittier College
Xavier University

*in Canada

"I'm mentally well, but I live with a mental illness, and that's okay. I fall down a lot, but I get back up."

— Student Attendee, Movies for Mental Health, Brandon University

98%

believe that the Movies for Mental Health workshop they attended created awareness of mental health issues

93%

believe that the workshop reduced stigma related to mental illness

74%

said that they are now more likely to seek support for their own mental health as a result of attending

48 WORKSHOPS

“My experience with mental health doesn’t have a starting point or ending point. It’s always been there.... Every day became an active choice to stay alive.”

— Student Attendee, Our Bodies Our Minds, University of Pittsburgh

13 WORKSHOPS

California State University East Bay (2)
Concordia University Edmonton*
Connecticut College
California State University Channel Islands
Glendale Community College
Manhattan College
McGill University*
Mohawk College*
Riverside City College
Shasta College, Main Campus
Shasta College, Tehama Campus
Thompson Rivers University*

*in Canada

96%

felt the event raised awareness about the mental health impacts of sexual violence

97%

this workshop can help communities be safer and more supportive of survivors of sexual violence

89%

are more likely to take action to support yourself or others when it comes to healing from sexual violence

IN-PERSON: OUR BODIES, OUR MINDS

Statistically speaking, every single person knows at least one person who has experienced sexual violence, whether we’re aware of it or not. These realities make the effects of sexual violence on the mental health of individuals - and communities and college campuses as a whole - a critical issue to explore. OBOM is fundamentally changing the way young people in North America think, feel and talk about sexual violence.

Our Bodies, Our Minds workshops help campus communities build cultures that are supportive of survivors. The workshop engages students in theater and embodied activities, together exploring the individual and collective mental health impacts of sexual violence.

OBOM participants engage in several theater activities, including monologuing, improv, and embodied exercises to “try on” different experiences related to sexual violence which are carefully designed to be sensitive and not retraumatizing to any survivors in the room. Each exercise is paired with an interactive discussion, so that students have space to process their experiences in real time and connect them with positive, solution-oriented next steps.

The activities are designed to meet people where they are; participants don’t have to have any theater background, or direct connection to sexual violence, to engage in or benefit from participation. OBOM makes space for us to see into the minds and lives of survivors, as well as the perspectives of friends, partners, siblings, parents and roommates of survivors. Sexual violence is a community issue, affecting all of us, and OBOM lets us experience, if even for a moment, what it might be like for different people in different positions.

“I would describe it as a support community that aims to introduce students and others to the opportunities available to them. I truly felt included and welcomed during this time.”

— Student Attendee, Movies for Mental Health Online, University of Utah

19 WORKSHOPS

Arts and Minds Canada*
Cerritos College
Chapman University
College of Marin
Crafton Hills College
De Anza College and Foothill College (2)
Gavilan College (2)
Glendale Community College
Hamilton Artists*
Los Rios CCD
Moorpark College
Santa Ana College
Santa Clara University
Skyline College
Swarthmore College
The University of Maryland, College Park
West Los Angeles College

*in Canada

97%

believe that these events create awareness of mental health issues

96%

believe that these events reduce stigma related to mental illness

85%

of students say they are more likely to seek support

“We can connect during coronavirus and it’s more important to look after mental health.”

— Student Attendee, Movies for Mental Health Online, Swarthmore College

ONLINE: MOVIES FOR MENTAL HEALTH

Movies for Mental Health Online is the virtual format of our cornerstone film and mental health program. Just like our in person events, these workshops create space for students to connect and creatively explore their wellness, through films and facilitated conversation.

We began offering these workshops to our college and university partners as they closed their campuses in response to the Covid epidemic. As schools transitioned to e-learning, and their students began studying remotely across the globe, many were unsure how colleges could contribute to offer community programs in a newly virtual world.

Enter M4MHO. Not only did our online workshops offer students the opportunity to connect with their peers, it allowed them to come together around the vital topic of mental health, which was particularly important as students navigated the stressors of self-isolation and remote learning.

The updated version of our M4MH curriculum was designed to meet the unique needs of remote students. The workshop can be accessed on laptop or phone, inviting students with different levels of technology to participate. Furthermore, virtual workshops could be joined anonymously, allowing us to engage a whole new population of students - those who want to talk about mental health, but may be too intimidated to attend an in person event. In engaging these new students, our workshops were the highest attend they’ve ever been. It was clear students were eager to connect and process during these challenging times. We were honored to offer students the community they were looking for, helping them prioritize their mental health during these times.



“It is easier to talk about mental health when you have a community you feel comfortable speaking with.”

— Student Attendee, Movies for Mental Health Online, De Anza College and Foothill College

“This is the first time that I felt I was in a space that was understanding. It inspired me to continue to take care of my mental health and how important it is.”

— Student Attendee, Movies for Mental Health Online, American River College

“I want to show my friends some of these videos and educate them about what I learned. Also I want to try some of the activities for my own mental health.”

— Student Attendee, Movies for Mental Health Online, Pennsylvania State University

MENTAL HEALTH FILMS

The OLIVE Film Collection

Our Online Library of Interactive Video and Engagement - the OLIVE Collection - is the world's most diverse collection of short films about mental health issues. The library grows each month through our online short film competition, and each year through our Voices With Impact short film production grant program.

Our monthly competition invites filmmakers from anywhere in the world to submit projects. Our only requirements are that their film explore one or more mental health topics in five minutes or less, and was made in the last two years. Every month for which we receive a competitive number of applicants, our Advisory Board - composed of volunteer mental health professionals, college students, and professional filmmakers - identify a winning film. The winning filmmaker receives \$1,000 and their film is added to our library, becoming eligible to be shown at our workshops throughout the United States and Canada.

OLIVE films are available to view on our website, accompanied by viewing guidelines designed to provide a constructive framework to view this sometimes very personal work. As the cornerstone of most of our college and university workshops, the films in the OLIVE Collection put art to work by taking the power of personal story to diverse audiences. The films create windows into other human experiences of mental health as well as providing a mirror to examine our own issues with increased compassion.

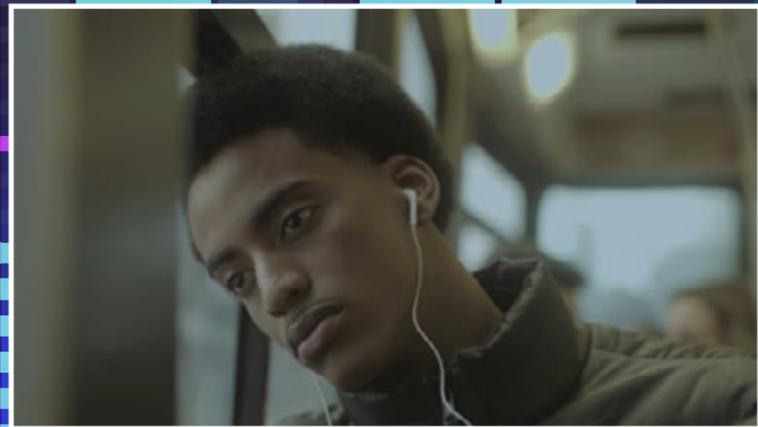
FILMS ADDED TO THE OLIVE FILM COLLECTION IN 2019-2020:

These films were submitted to Art With Impact's monthly short film competition selected by advisory board members to be added to the OLIVE Film Collection.



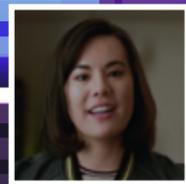
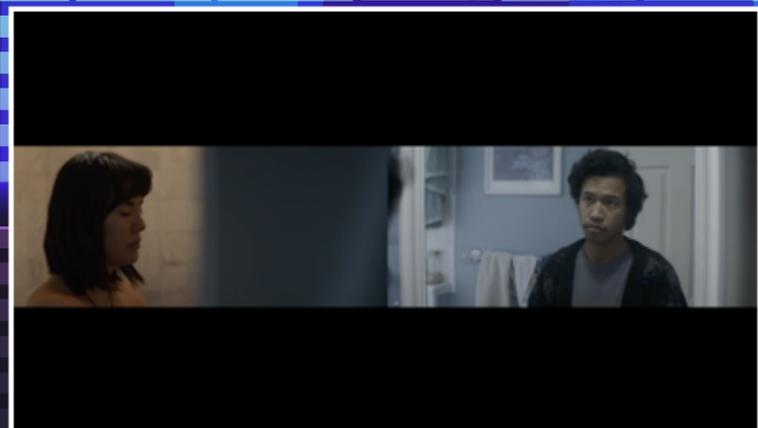
September 2019
Desiderium

by Maeve O'Haire



November 2019
Mind Matters

by Seyi Akinlade & Josef Adamu

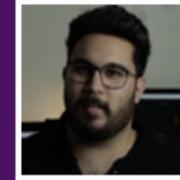


December 2019
Parallel

by Naomi B Smith

January 2020

SOCH – Supporting Our Community's Health



by Varundeep Singh Chawla



April 2020

The Conversation That Never Happened
(从未发生过的对话)



by Gordon Yao



June 2020

Kelly Hrudey – Mental Health Advocate



by Paul Day



“We still have a long way to go with encouraging men to talk about mental health and toxic masculinity.”

— Student Attendee, Movies for Mental Health Online, Vancouver Island University
in reference to *Kelly Hrudey - Mental Health Advocate* by Paul Day

VOICES WITH IMPACT 2020



ONLINE FILM PREMIERE AND FESTIVAL OF IDEAS



“This workshop helped me to look inward and recognize/validate my own feelings and thoughts.”

— Student Attendee, VWI, Arts and Minds Canada

“Enthralling: a visual spectacle that allowed us to go into the heart of mental health together as a CHC community.”

— Student Attendee, VWI, Crafton Hills College

Voices With Impact

Voices With Impact is our annual production grant program through which we award ten \$5,000 grants to filmmakers to help them create five-minute films exploring narratives that are underrepresented in public mental health discussions. Each year we select two topics to focus on, which allows us to respond to the current priorities and needs within the communities we serve.

Our 2019-20 program focused on stories of 1) mental health issues specific to LGBTQIA+ humans and 2) the mental health impacts of the culture of masculinity. Nearly 100 filmmakers submitted proposals to create films examining these topics. A jury of subject matter experts, filmmakers, and mental health practitioners combed through these applications to determine the most compelling projects, considering each proposal’s artistic merit, mental health themes, and feasibility.

Winning filmmakers then had four and a half months to create their films, utilizing their \$5,000 grants and support from the Art With Impact community, including mental health professionals and working filmmakers who helped advise their projects.

The winning films premiered at a weeklong, virtual festival of films and ideas. All the films premiered the first day of the festival, across two events - one focused on LGBTQIA+ mental health and one on mental health and the culture of masculinity. The filmmakers introduced their films and answered audience questions, with over 1,000 people viewing each premiere event.

That week, the filmmakers led a total of 12 workshops, using their films to facilitate community conversations exploring the specific themes of their films. These interactive sessions highlighted the unique experiences of mental health within masculine and queer communities. Although specific in focus, these sessions explored topics relevant to all people, offering insights into health inequalities, while giving audiences tools to be supportive of themselves and their peers. Across the week of workshops, we reached over 1,200 community members with our films and conversations.

VOICES WITH IMPACT

FILMS THAT EXPLORE THE MENTAL HEALTH IMPACTS OF THE CULTURE OF MASCULINITY



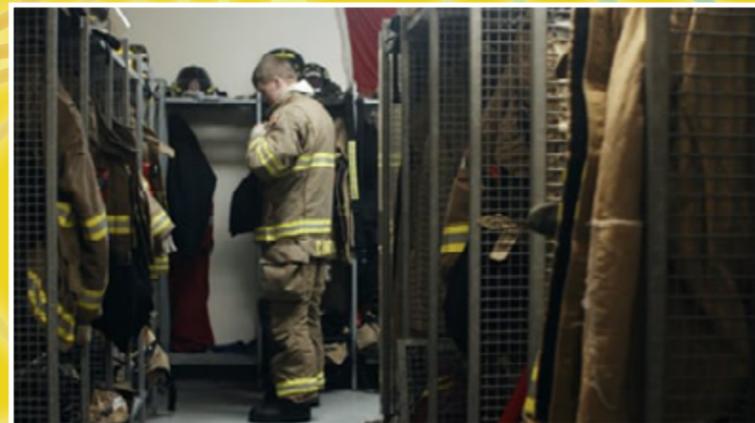
The Beautiful Black Man

by Calvin Walker



Masc

by Amilcar Javier



Fighter

by Meagan Brown

FILMS THAT EXPLORE MENTAL HEALTH ISSUES SPECIFIC TO LGBTQIA+ HUMANS

The Side Effects of Normal

by Mari Wrobi



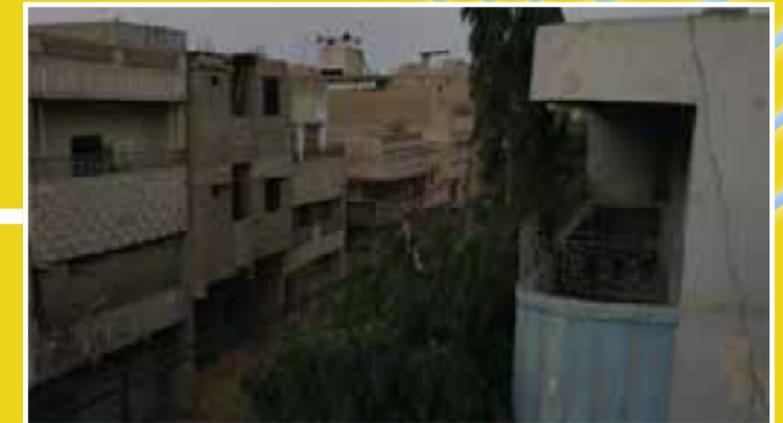
Staging Face

by Steph Young, Jake Ivany, and Vie Jones



Safe Space

by Ali Rizv

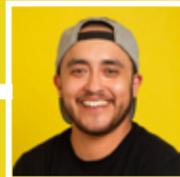


FILMS RELATED TO BOTH THE CULTURE OF MASCULINITY AND LGBTQIA+ MENTAL HEALTH



Factory Talk

by Lucie Rachel and 1990s Chris



Continue to Live

by Paolo Riveros



The Rest Is Flowers

by Dale John Allen



Ali Rizvi (he/him) is a filmmaker and designer from Karachi, Pakistan. His work is rooted in the politics and discourses on social and developmental issues in Pakistan, focusing particularly on public health and social justice.



Amilcar Javier (he/him) is an award winning actor, writer, producer and software developer based in New York City. He is honored to be making 'Masc', supported by Art With Impact, allowing him to help others through film.



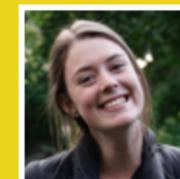
Calvin J Walker (he/him) is an artist. He is an award-winning filmmaker with the heart and pen of a poet based in Dallas, TX. Calvin strives to tell stories that focus on social justice, spirituality, and mental health. He is a husband and father to three.



Paolo Riveros (he/him) is a transgender, visual artist from Lima, Perú. He began his career through photography, documenting the Los Angeles nightlife, which later developed into photojournalism, covering social justice movements.



Mari Wrobi (they/them) is a queer, nonbinary and intersex advocate born and raised in Sacramento, California. Mari has been educating people on trans and intersex rights and health issues across the country since they were in high school.



Meagan Brown (she/her) is a documentary filmmaker with a passion for people-driven stories. Fighter is a continuation of her love for personal stories, as she turns the camera to her own family.



Dale John Allen (he/him) is an artist-filmmaker based in Manchester, UK exploring queer identity on-screen. His work is often autobiographical and stems from his own experiences living with Bipolar Affective Disorder.



Lucie Rachel (she/her) is a lens-based artist working with still and moving image to explore themes of domesticity, gender and sexuality. Her work has screened internationally at over 50 festivals including MoMA's Doc Fortnight.



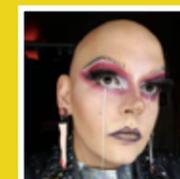
1990s Chris (he/him) is a queer, working class poet from Hereford, working in the midlands and the south west. Writing primarily for film and audio, Chris has been commissioned by BBC arts for a radio production on bisexuality.



Steph Young (she/her, he/him) is a filmmaker, drag performer, and mental health advocate. Like any good Taurus, he enjoys spending time cuddling his dog, or in the woods photographing wildlife and foraging for wild plants.



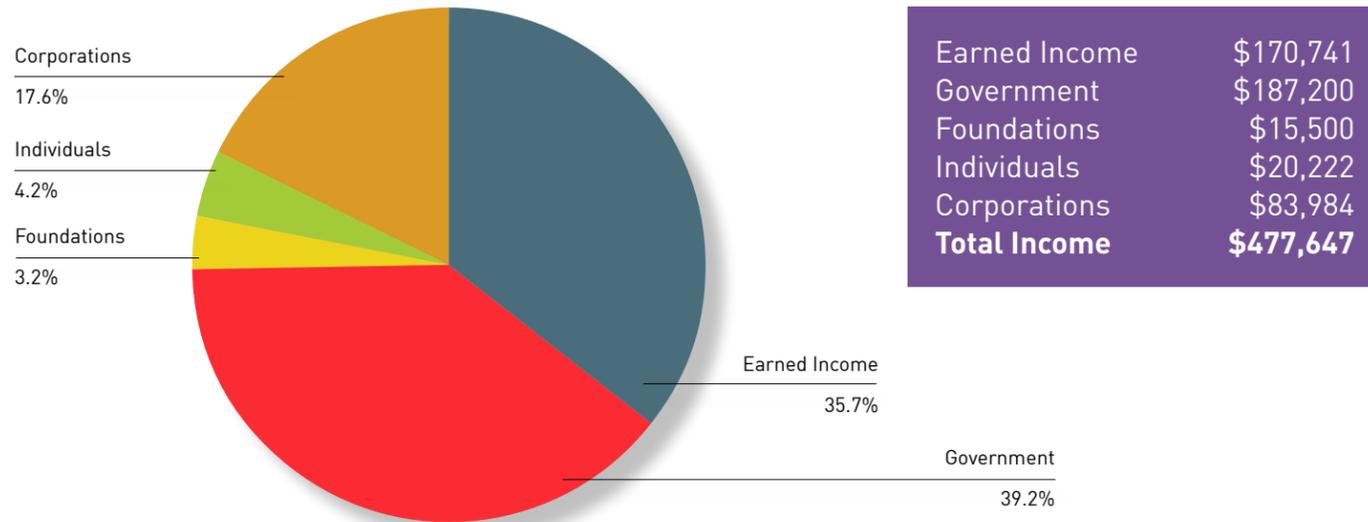
Jake Ivany (he/him) is an administrative professional by day, a filmmaker by night and a big-ol-queer at heart. With years of experience in the nonprofit world, he loves to help bring stories to life and to the forefront of modern media.



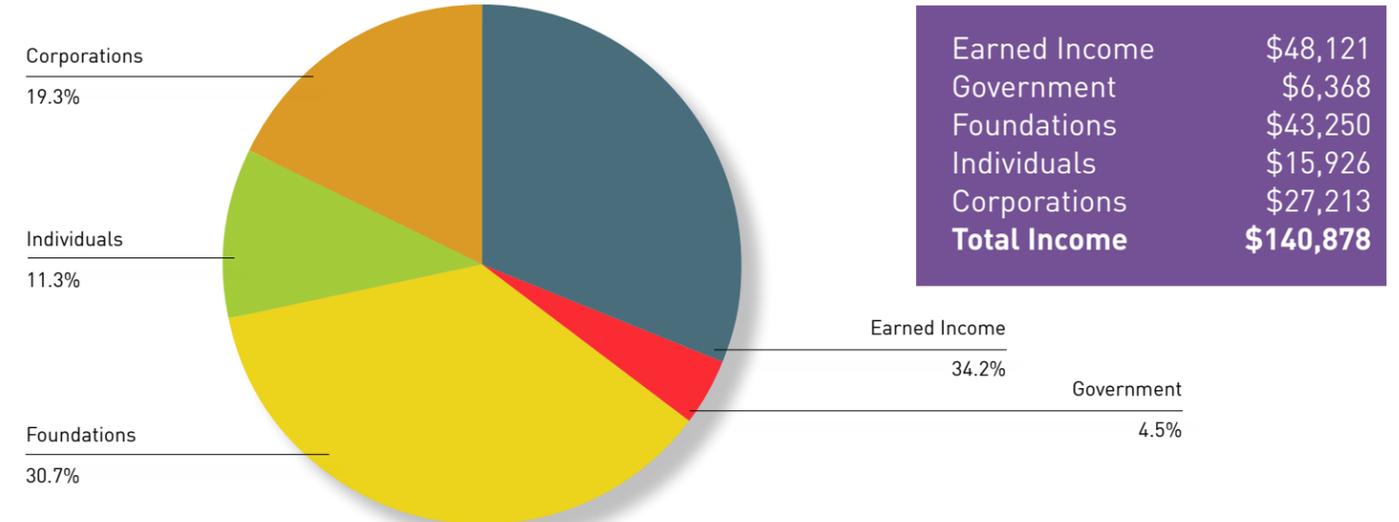
Vie Jones (they/them) is a two-spirit artist and performer. The art they make is rooted in community practices, Indigenous epistemologies and ontologies. They don't know how to have fun without setting things on fire.

OUR FINANCIALS

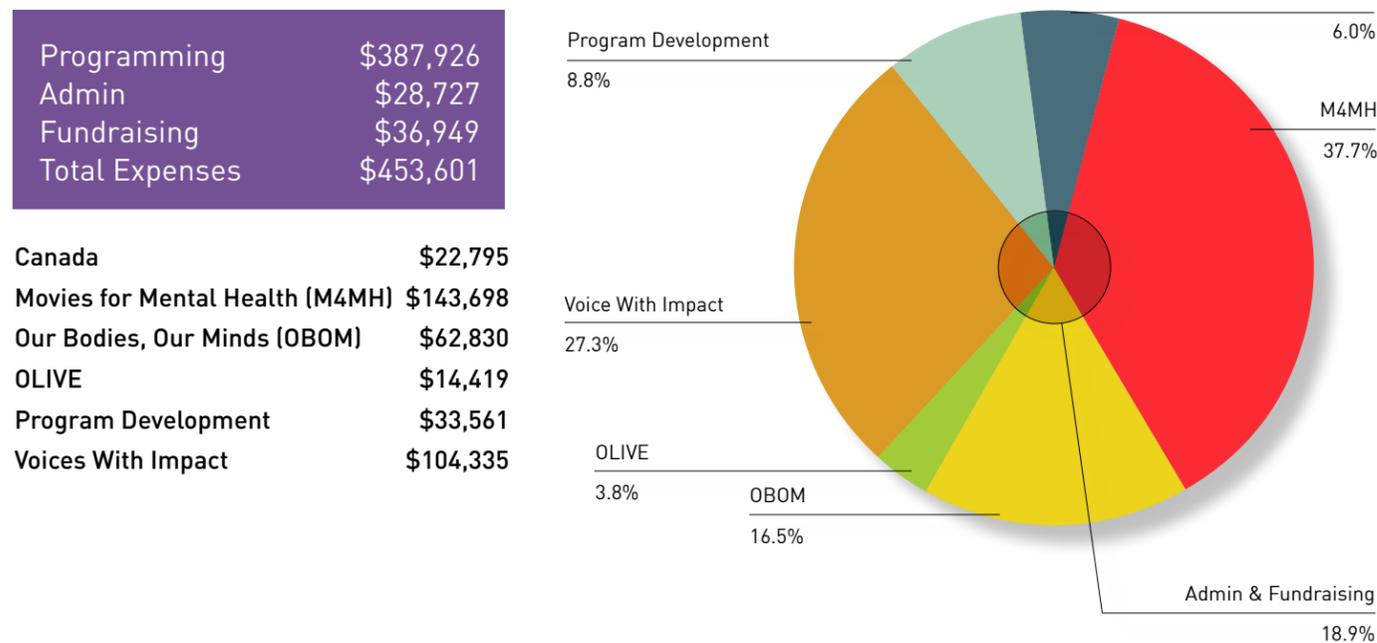
US INCOME



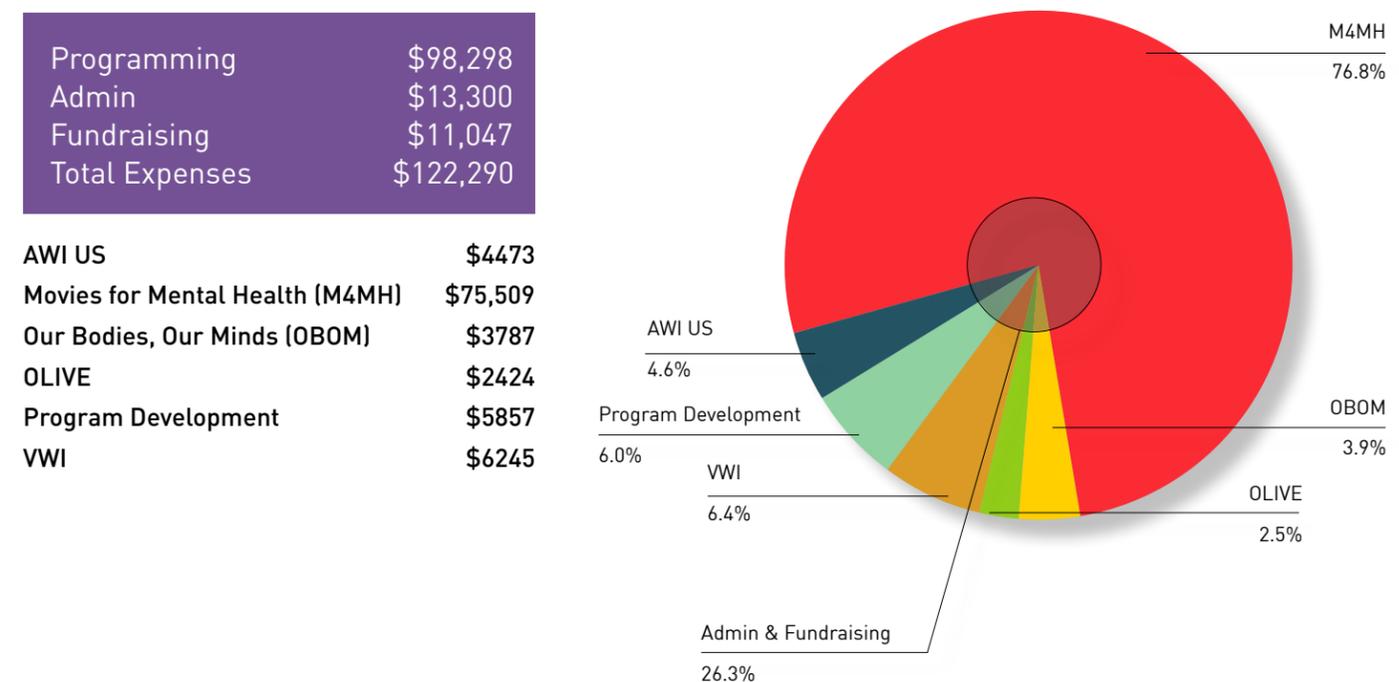
CANADA INCOME



US EXPENSES



CANADA EXPENSES



OUR PARTNERS IN MENTAL WELLNESS

LEAD PARTNERS



SUPPORTING PARTNERS



CONTRIBUTING SPONSORS

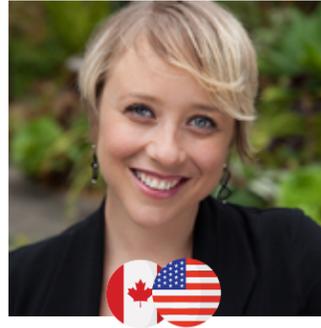


- Clinic Management and Development Services
- Family Recovery Institute
- Guelph Community Foundation
- Morgan Hill Therapy - Erik Pedersen, PsyD
- R Austin Heafey
- Sandra Kushnir - Meridian Counseling & UNIFY LA
- William Talbott Hillman Foundation



- Acorn Counseling
- Elevated Wellness Therapies
- Jennifer Cremiuex, M.Sc.,RP
- Kelsey Grimm, Healing Spaces

OUR PEOPLE



Cary McQueen

Founder and Executive Director

Cary (she/her) is the founder and executive director of Art With Impact and a firm believer that art is the answer (and it doesn't even matter what the question is). She considers mental health to be the foundation of all social justice and is grateful that through Art With Impact, she has the opportunity to combine art, mental health, and social change.



Natalie Daley

Program Director AWI Canada

Natalie (she/her) is the driving force behind Art With Impact Canada and is responsible for facilitation, programming, outreach, fundraising and partner relationships for our programs throughout the country. Natalie is committed to providing unique ways for students to engage in conversations around mental wellness.



Maya Brown

Program Director AWI U.S.

Maya (she/her) is equal parts artist, therapist, and activist, and is so thrilled to get to satisfy all of them while working with Art With Impact. Maya is committed to creating a world in which people can share themselves with the people around them – connecting, healing and growing together.



Andrew Kirschner

Outreach and Community Manager

Andrew (he/him) is a jack-of-all trades digital strategist with a background in community management, graphic design, and content creation, and a laser focus on building lasting relationships with audiences. Andrew is responsible for managing communication and outreach with AWI's vibrant community of students, artists, campus staff and mental health professionals.



Amy Wong

Program Manager

Amy (she/they) is a multi-disciplinary artist and activist, based in Toronto in the Dish with One Spoon Territory. As a descendant of indentured labourers, she recognizes the importance of nuanced, inclusive mental health dialogue that takes intersectionality, histories of migration, and intergenerational trauma into account. She is passionate in her learning about arts-based healing, social movements, and race and power relations.

Movies for Mental Health Facilitators



Leyla Eraslan

Leyla (she/they) is an Associate Marriage & Family Therapist & Professional Clinical Counselor, who provides creative and collaborative therapy, workshops, and trainings.



Seth Pickens

Seth (he/him) is an experienced educational leader facilitating socioemotional growth and development.



Beth Killian

Beth (she/her) is a Rhode Island based songwriter, youth worker, mentor, and advocate.



Leslie Poston

Leslie (she/her) is the owner and lead editor of A Draft Supreme, LLC, which specializes in editing services written by people from underrepresented communities.



L'Oréal McCollum

L'Oréal (she/her) is an internationally accomplished multihyphenate—artist, wellbeing practitioner, and educator—on a journey to inspire radical joy, authenticity, and healing.



Tanya Turton

Tanya (she/her) is a Black Femme artist, award winning entrepreneur, wellness educator, and mental health advocate.



Natalie Patterson

Natalie (she/her) is a poet and teaching artist best known for her integrity, passion, and social activism.

BOARDS OF DIRECTORS

Art With Impact's Board of Directors serve as vocal and financial supporters of AWI's mission, vision, and values. Board members hold fiduciary responsibility to oversee the organization's sound and ethical legal governance and responsible financial management policies. They are responsible for raising and ensuring adequate resources to advance our mission.

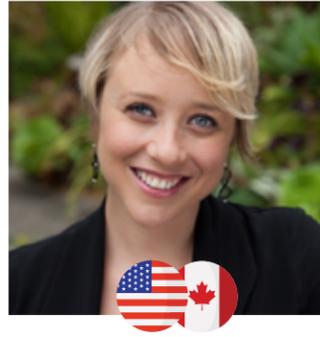
ART WITH IMPACT U.S. BOARD OF DIRECTORS



Joseph Kumph



Dawn McGuire



Cary McQueen

ART WITH IMPACT CANADA BOARD OF DIRECTORS



Megan Cameron



Ryan Keefe



Aisha Mayne



Faryl Reisman



Katherine Vanderberg

ADVISORY BOARD

AWI's Advisory Board comprises subject matter experts in our fields. In addition to evaluations from the people we serve, our Advisory Board is a core resource in ensuring that we are up to date with what is happening in the fields of post-secondary education, mental health, and the artistic disciplines in which we work. The main way AWI's advisory board contributes to our work is by serving as the jurors for each month's short film competition. They are also available for ad-hoc advice.



Elizabeth Ayiku



Dale John Allen



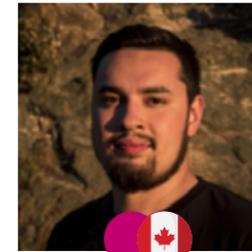
Victoria Anderson-Gardner



Luba Botcheva



Olivia DePaul



John Elliot



Kirsten Frantzich



Mikilah Johnson



Randy Kelly



Claude Kerven



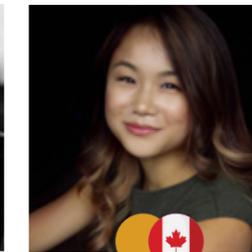
Kristin Kosyluk



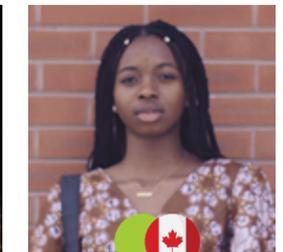
Josie Mattson



Dawn McGuire



Xena Nguyen



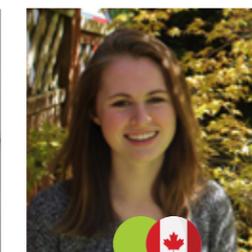
Sharon Nyarko



Asha Rudrabhatla



Catherine Steblaj



Courtney Ward-Zbeetnoff



Rob Whitley

-  Filmmaker
-  Student
-  Mental Health Professional

OUR VOICES WILL BE HEARD



[My main takeaway was] “Finally being heard and seen.”

“Wonderful presentation that confirms my feeling: we have to work on diversity, whatever the difference.”

“We do not answer to the system, the system answers to us. Specificity leads to universality. Black men are hurting. Black men are beautiful. It is better to cause a person to ask themselves questions, than it is to be right - and isolated in your own story.”

“I want more of this. This is such a major issue in our world, so complex and difficult to tackle. Toxic masculinity hurts everyone. Thank you so much for this!!”

[My main takeaway was] “Happiness and fulfillment come from honouring your true self and living your truth.”

“Wonderful presentation that confirms my feeling: we have to work on diversity, whatever the difference.”

“Loved hearing discussion of the writing process, especially from the LGBTQ perspective.”

“This was a beautiful and safe space. Thank you for giving us that space and for sharing your hearts. It was nice to flex my poetry muscle and share.”

